

- The CDHM office will be **closed December 24th at 1:30pm, December 25th and 26th** for the Holidays and will be **closed December 31st at 1:30pm and January 1st** for New Years.
- 2025-2026 CCP Forms: **Now Open**
- 2026 Registration Renewal Now open - **Closes January 7th**
- Upcoming Council Meeting: **February 20th and 21st, 2026**
- Local Anaesthetic Techniques Refresher Module for the Dental Hygienist: **April 25, 2026**
- Local Anaesthetic Techniques Certification for the Dental Hygienist: **April 24 -26, 2026**
- Restorative Techniques Certification for the Dental Hygienist: **May/June 2026 TBD**

Mark Your Calendar

Registration Renewal Reminders

- **It is recommended to complete your renewal on a desktop** using Firefox, Google Chrome or Microsoft Edge. Avoid using Safari.
- **New Payment Method** – Interac e-Transfer (e-Transfer). See the instructions at the bottom of your registration renewal invoice. If paying by e-Transfer do not click the pay button.
- **Criminal Record Checks** - Registrants with expired or expiring CRCs must submit one with their renewal. Visit: [CPR Certification and Criminal Record Checks](#) for more info.
- **Uploading Required Documents**
 - CPR Certificates - **Must be BLS Level** and the **Last Name** must match the last name on the CDHM account.
 - Liability Insurance - A memorandum (not receipt) must be uploaded and must expire Jan 1 2027.
- **Register Transfers** - If you are planning or considering transferring to the Non-Practicing Register, please review: [Registration Transfers](#).
- **Registration Cancellations** - If you are retiring, leaving the profession, or moving out of province, and wish to cancel your registration, you must complete a Registration Cancellation Form: Visit here for [Registration Cancellation Requests](#).



Season's greetings to all, from Council

Council continues its work with Leanne Matthes to update our policies in preparation for alignment with the Regulated Health Professions Act (RHPA). Looking ahead, we are also collaborating with Leanne on the appointment of the required proportion of Public Representatives to Council, as well as the development of formal Terms of Reference for a Finance Committee.

Questions were raised at the Annual General Meeting regarding the cost implications associated with the RHPA. Further detailed information will be provided as this work progresses. While there is no direct fee payable to government, the RHPA requires the submission of highly complex documentation. It is common practice among regulatory bodies to establish an RHPA committee composed of volunteer members supported by paid consultants to ensure this work is completed accurately and efficiently.

Council continues to enjoy working with Kyle as he grows into his role as Registrar. Although it has only been six months since his appointment, it feels as though he has been part of the organization much longer. His commitment and professionalism have been greatly appreciated.

This year, I had the opportunity to attend a conference on effective chairing through The Regulator's Practice. The experience provided many valuable takeaways, and it is my hope to implement relevant learnings that will further strengthen Council Meetings, improve efficiency, enhance our working relationship with the Registrar, and support succession planning for future Council Chairs.

One particularly thought-provoking discussion focused on the role of Public Representatives. While some Council Members are formally appointed by government and are not Registered Dental Hygienists, all Council Members ultimately serve the same purpose: protecting the public. Framing Council roles in this way may help clarify what can otherwise be a confusing distinction between "public" and "non-public" representatives.

I remain deeply grateful for the support and collegiality of my fellow Council Members. It has been, and continues to be, a privilege to serve as Chair. One of my favorite leadership quotes is, "A leader is only as good as the people they lead." This sentiment truly reflects my experience with CDHM Council.

Wishing everyone a peaceful holiday season and a healthy, happy New Year.

Warm Regards,

A handwritten signature in black ink that reads "Kathleen Reid". The signature is fluid and cursive.

Submitted by:
Kathleen Reid
Council Chair





CDHM AGM Q & A From Registrants

A couple of questions were raised at CDHM's Annual General Meeting (AGM) in October.

A question was asked why some motions during the meeting did not require a seconder. According to Robert's Rules of Order, which the College follows for its meetings: *'Some motions do not require a seconder because they arise naturally from the business already before the group or because they are procedural in nature.'*

The key reasons include:

- Motions that arise out of a report or committee recommendation – The committee's recommendation itself counts as support.
- Motions made by a board or committee – These motions represent collective support and do not need an additional seconder.
- Procedural or housekeeping motions – Examples include points of order, requests for information, or calling for the orders of the day.
- When a seconder is implied – In small boards, such as Council, seconders may not be required unless stated in the bylaws.

Another question was raised regarding a comment from Allison Crolly that the Government does not charge a fee to regulated colleges in Manitoba to transition under the RHPA.

- The financials approved at the AGM show expenditures and reserve funds allocated for RHPA work. CDHM would like to clarify that while the Government does not charge colleges to come under RHPA legislation, the College incurs costs related to consultants, subject matter experts, stakeholder engagement, and other transition activities—expenses that can be substantial when undertaking a legislative transition of this scale.

Submitted by:
Dr. Kyle Fraser
Registrar/Executive Director

Council Meeting Highlights

November 21st and 22nd 2025

- CDHM Council's Governance Coach presented proposed revisions to Council's Governance Policies (GPs) and Council-Management Delegation (CMD) Policies.
- Council populated the legislated committees to reflect the newly elected Council and changes in Council membership following the October AGM.
- Council member Joan Pelletier presented to Council on key learnings from the CDHA Leadership Development Symposium. Joan provided updates on two main symposium topics: Advancements and Ethical Setbacks in Oral Healthcare and AI, Advocacy, and Media Relations for Dental Hygienists.
- Council reviewed and assessed the Executive Expectation Policies (EE's), including quarterly financial statements, and found the Registrar/Executive Director provided evidence of compliance with a reasonable interpretation of the policies.
- Registrar/Executive Director Kyle Fraser provided an overview of current regulatory trends and updates at both the provincial and national levels.

Submitted by:
Dr. Kyle Fraser
Registrar/Executive Director



Council Spotlight: Shelley Froese

Shelley joined the CDHM Council in 2024 and enjoys connecting with other Council members while learning about the dental hygiene profession in Manitoba.

Shelley graduated from the University of Manitoba with a Diploma in Dental Hygiene in 2006 and from the University of British Columbia with a Degree in Dental Science (Dental Hygiene) in 2022. There are aspirations to obtain a Master's degree in Health Administration from the University of Regina in the coming years. Shelley values lifelong learning and enjoys integrating new knowledge into dental hygiene practice.

Shelley has worked in a general dental office in Winkler for 19 years and is enthusiastic about incorporating ultrasonic scalers and air polishing for biofilm management during hygiene appointments. There is a strong interest in discussing oral and systemic health connections with patients, as well as connecting with peers through discussions on new oral health products and techniques.



MESSAGE FROM THE REGISTRAR

As we reach the end of another year, this season offers a meaningful opportunity to pause and reflect on the important work we share as a profession and as a regulatory community.

The past year has brought continued learning, growth, and collaboration as we work together to uphold high standards of care and ensure the public's trust in dental hygiene. In my short time and first year in Manitoba, I am extremely grateful for all I have witnessed; the professionalism, commitment, and resilience shown by registrants across the province. Your dedication to safe, ethical, and evidence-informed practice strengthens both our profession and the health of the communities we serve.

This time of year also reminds us of the human side of oral health. Every client interaction, every assessment, and every preventive intervention contributes to overall well-being. Dental Hygienists play a vital role not only in supporting oral health outcomes but also in promoting dignity, comfort, and confidence in those we care for.

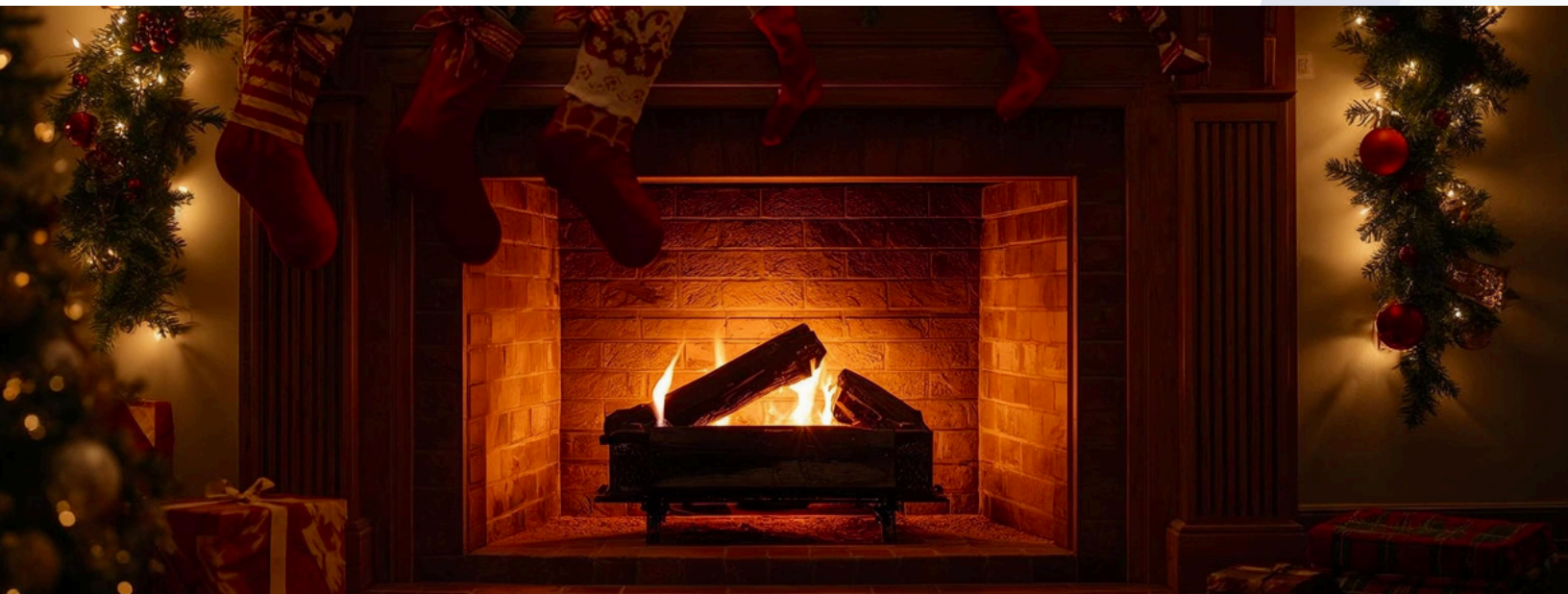
As we celebrate the holidays, I hope registrants take pride in the meaningful difference they make each day.

Looking toward the new year, we remain focused on continuous improvement, regulatory clarity, and supporting registrants in meeting their professional obligations. We anticipate ongoing work in quality assurance, practice standards, and collaborative efforts to enhance public protection while ensuring the profession continues to evolve in step with emerging knowledge and technologies. Together, we will continue fostering a regulatory environment that prioritizes safety, transparency, and excellence.

As we close out this year, I wish you a restful and restorative holiday season and a healthy, fulfilling start to the new year. Thank you for your ongoing commitment to the people of Manitoba and to the profession of dental hygiene. I look forward to all that we will accomplish together in the year ahead.

Warmest holiday wishes,

Submitted by:
Dr. Kyle Fraser
Registrar/Executive Director



UNDERSTANDING PRACTICE AUDITS

The word audit can sometimes cause concern, but practice audits are a standard and important part of professional regulation. Practice audits are not new, they have always been part of Manitoba dental hygiene legislation, and are typical to professional regulation across Canada.

Dental Hygienists may occasionally be selected for a practice audit for a variety of reasons. Being chosen for an audit does not automatically indicate wrongdoing, a complaint, or a problem with one's practice. Most audits are part of standard oversight processes that help ensure safe, ethical, and consistent care for the public. It is a statutory obligation of a professional College to perform audits:

The Dental Hygienists Act, Sec. 17 states:

The council must establish a continuing competency program to oversee the practice of dental hygiene. The program may provide for, but is not limited to,

(a) reviewing the professional competence of members;

(b) requiring members to participate in programs for ensuring competence; and

(c) conducting practice audits in accordance with this Act.

Practice audits serve several purposes, including:

- Supporting registrants in meeting professional and legislative requirements
- Encouraging best practices and ongoing quality improvement
- Identifying areas where guidance, clarification, or education may be helpful

Audits should be viewed as a positive opportunity. Many registrants find feedback helpful in confirming they are on the right track and strengthening their understanding of professional standards and expectations.

The College's role is to work collaboratively with the profession to maintain public trust and support safe, competent practice. If selected for an audit, College staff are available to answer questions and provide guidance through the process.

Audits are a standard and supportive part of professional regulation, and it is natural to have questions or concerns. CDHM is aware that some misinformation may be circulating regarding practice audits. Registrants are encouraged to contact CDHM directly at any time for clear, accurate information and guidance if selected for an audit.

Submitted by:

Dr. Kyle Fraser

Registrar/Executive Director



FROM THE DESK OF THE DEPUTY REGISTRAR

The CDHM regularly receives practice-related questions and provides guidance for Dental Hygienists. One topic that can be challenging to interpret is **Dental Radiography**, as it is governed by multiple legislative documents.

A common question is:

“Can a Dental Hygienist on the Extended Practice Roster take radiographs if the Dentist is not in the office?”

To answer this, several legislative and regulatory documents must be considered. It is understood and expected that all health-care providers collaborate, communicate, and remain familiar with the statutory requirements of their profession.

Relevant Legislative and Regulatory Frameworks

- [Radiation Protection Act \(Manitoba\)](#) - The primary provincial statute governing the use of radiation equipment and radiation safety.
- [Manitoba Regulation 341/88R – X-Ray Safety Regulation](#) - Requires the registration of X-ray equipment and specifies that dental X-rays must be prescribed by qualified dental practitioners.
- [CancerCare Manitoba – Radiation Protection Services](#) Administers the above regulatory frameworks on behalf of the province.
 - Under this framework, [CancerCare regulates the safe application of x-rays in dental settings](#) - “X-rays must only be prescribed by dental or orthodontic DDM practitioners.”
- [Manitoba Dental Association – Code of Ethics](#), Article 12 Outlines the requirements for delegation of duties from a Dentist to a Dental Hygienist.

CDHM Recommendation

The CDHM recommends that all Registered Dental Hygienists review the [CDHM Dental Radiography Guide](#) and stay in clear, consistent communication with their dental colleagues to ensure compliance with legislative and ethical requirements.

On behalf of the College, we extend our warmest wishes for a safe and peaceful holiday season. Thank you for your commitment to professional practice and public protection throughout the year.

Submitted by:
Valerie Olivier
Deputy Registrar

CDHM Member Survey on the Application of Lasers

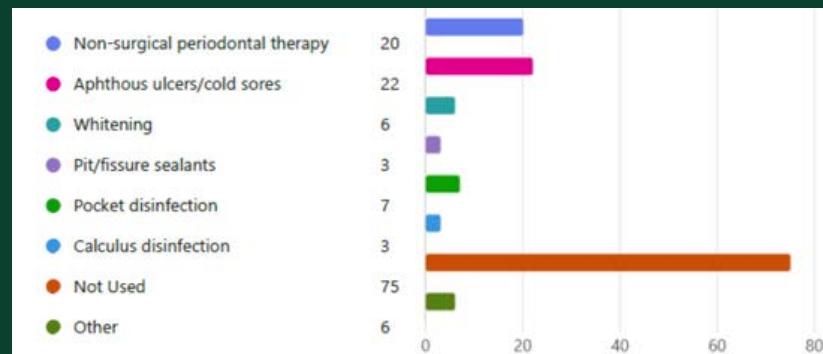
Thank-you for Your Feedback! Here are some of the results:

Survey sent to 906 CDHM Registrants, 132 responded.

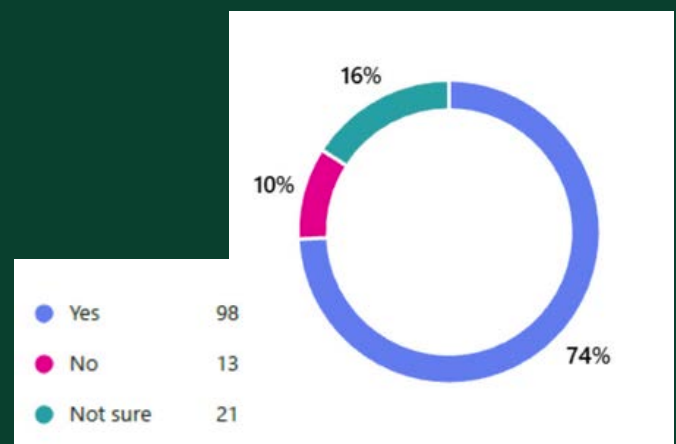
How frequently are lasers used in your practice settings?



If lasers are used in your practice setting, please indicate from the list below all or any of the purposes for the laser therapy?



If approved for dental hygiene practice, the application of a laser would be for specific purposes and would require the member to complete additional education on the use and application of lasers. Would you be interested in including laser application as part of your dental hygiene practice?



GREETINGS FROM THE MDHA

Winter is here – we had the benefit of a long, mild fall, but the past couple weeks have felt more like what we’re used to!

Looking forward to the holidays, the MDHA is proud to once again be providing small gifts of support to individuals and families with loved ones in hospital. One dollar per member will be pooled to purchase \$5 Tim Hortons gift cards and made available to families currently at Health Sciences Centre. Additional funds have also been generously donated by members to increase our overall contribution – thank you all!

Don't forget to register for our in person Sharpening Workshop, scheduled for January 17th from 9:30 a.m. – 12:00 p.m. Please email info@mdha.ca to register.

The MDHA would like to wish you and yours a joyous and relaxing holiday season. We will see you all in 2026!

Submitted by:
Lee Hurton
MDHA Executive Director
executivedirector@mdha.ca



The poster features the MDHA logo at the top, followed by the title 'SHARPENING WORKSHOP' in large, bold letters. Below the title is a light blue box containing the workshop details: a calendar icon for 'JANUARY 17 2026', a clock icon for '10:00 AM - 12:30 PM', a location pin icon for 'NORBERRY GLENLEE COMMUNITY CENTRE' and '26 MOLGAT AVE', and a button that says 'REGISTER BY EMAILING INFO@MDHA.CA'. On the left side of the details box is a photograph of several dental handpieces. At the bottom of the poster is the website 'WWW.MDHA.CA'.

The CDHM Council and Staff wishes everyone a Wonderful Holiday Season and a Happy New Year!