



CANDIDATE – CDHM – 2024 Election

Lindsey Harik

DH Education	<ul style="list-style-type: none">• 2004 – Graduate of the University of Manitoba School of Dental Hygiene
Other Education	<ul style="list-style-type: none">• Certified in First Nations Health Management through FNHMA
Professional Experience	<ul style="list-style-type: none">• 16 years of clinical practice in a private practice setting.<ul style="list-style-type: none">○ Areas of responsibility included scaling/root planing with hand instruments and ultrasonics, sterilization, patient relations, charting, hygiene assessment with probing, digital radiographs (pans, bitewings, PA's), infection control, set up and tear down.• Currently working with Four Arrows Regional Health Authority as the COHI coordinator for Island Lake Manitoba in a community health role - program goals are to prevent decay in children living on reserve and reduce the need for dental surgeries.<ul style="list-style-type: none">○ Duties include program coordination, education, classroom presentations, one-on-one prenatal sessions, sealants, SDF, IST, and fluoride varnish application.
Volunteer or Professional Activities	<ul style="list-style-type: none">• MDHA Vice President shortly after graduation



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<p>Statement of Intent</p>	<p>I am standing for election to the College of Dental Hygienists of Manitoba Council because I am committed to advancing equitable oral healthcare for all Manitobans, particularly Indigenous communities who face systemic barriers to accessing dental services. With 16 years of clinical experience and the last 5 years spent coordinating the Children's Oral Health Initiative (COHI) for the Island Lake region, I have seen firsthand the impact of limited access to care on oral health outcomes, especially among children.</p> <p>Through my work with the Four Arrows Regional Health Authority, I have dedicated myself to reducing dental decay and the need for surgical interventions in communities with high rates of dental disease. These experiences have shaped my understanding of the pressing need for advocacy, education, and sustainable programs tailored to the unique needs of Indigenous populations.</p> <p>I want to join the CDHM Council to be a voice for underserved communities, especially Indigenous peoples, and to help shape policies that improve access to care. The CDHM is key in maintaining professional standards and promoting equal access to oral health. By highlighting the unique challenges Indigenous communities face, I hope to help find practical solutions, such as expanding preventive care, improving cultural awareness in our field, and building partnerships with Indigenous leaders and health authorities.</p> <p>I am passionate about ensuring that all Manitobans, regardless of geography or socioeconomic status, have the opportunity to achieve optimal oral health. Serving on the CDHM Council would allow me to contribute to the mission of public protection and to be a strong advocate for Indigenous health, a cause that is close to my heart and essential to the future of our profession.</p>
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