



CDHM Connections

COLLEGE OF DENTAL HYGIENISTS OF MANITOBA

Ensuring the public has access to safe, competent dental hygiene care and expertise that contributes to improved oral and overall health.

Issue 2

October 2009

Annual General Meeting - September 26, 2009

The second Annual General Meeting held at the Canad Inns Polo Park on September 26, 2009 was a great success. Our sincere thanks to those that attended and participated in discussions, activities and feedback! Your involvement is critical to the CDHM achieving its goals.

It was a great morning that integrated linkage with members and information sharing by Council and Committees. Some highlights included:

Reports from the CDHM Council Chair, Registrar & Complaints Committee Chair: A summary of the past year was presented by Mickey Emmons Wener - Council Chair, and Kellie Hildebrandt - Registrar. A brief report by Cindy Isaac-Ploegman also captured the Complaints Committee's activities since January 2009. Copies of these reports can be found in the Annual Report, available online at www.cdhm.info.

Two new Council Members elected: Patti Hawthorn and Terry Phillips were elected by the membership, each to serve a three-year term on Council. The CDHM sincerely appreciates these individuals dedication and commitment.

Proposed By-law Changes Discussed and Voted on: Each article of the by-laws was discussed with the proposed changes accepted by the membership present. A new copy of the by-laws will be sent to each member in the coming months.

Continuing Competency Program Presentations: We are fortunate in Manitoba and in the profession of dental hygiene to have an expert in the Quality Assurance/Continuing Competency field, Joanna Asadoorian. She provided some excellent insight into the current research and trends in continuing competency across North America. Members of the Continuing Competency Committee then provided the members a framework for the 'made in Manitoba' program that will be implemented in 2010. For more information on the components of the program as developed thus far, please see page 5 of this newsletter.

Minutes of the second Annual General Meeting will be available on the CDHM website in the weeks to come.

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Joanna Asadoorian



Deanna Mackay (MDHA)



Kyle Conrad (DH2 Student)



Mickey Wener - Chair

**LOCAL ANESTHESIA
CONTINUING EDUCATION PROGRAM**

**SCHOOL OF DENTAL HYGIENE
UNIVERSITY OF MANITOBA**

NOVEMBER 6-8, 2009



**FACULTY OF
DENTISTRY**
**SCHOOL OF
DENTAL HYGIENE**

Traditions of Excellence, Horizons of Change

Course Description:

This course will prepare the dental hygienist to become competent in the administration of both block and infiltration local anesthesia. Emphasis is placed on the mechanisms of pain and a thorough understanding of the pharmacology of dental drugs and their interactions with the client's current conditions and medications. The course consists of a minimum of 6 weeks of self-study prior to the 3-day workshop. Examination of didactic material will occur on the first day of the workshop following a review of didactic materials. The 2nd and 3rd days of the workshop will consist of the clinical administration of anesthesia on each other. This course is recognized by the following provincial licensing authorities: BC, AB, SK, MB.

Duration: Minimum 6 weeks self-study
24 hours course attendance
(Friday, Saturday, Sunday)

Course Requirements:

Participants must be graduates of an accredited Dental Hygiene Program and hold current licensure in their province or state of residence. Participants must also hold a current certification in CPR (Basic Rescuer Level), and hold current malpractice insurance. Proof of all the above credentials must accompany the registration form.

Medical History:

A medical history needs to be completed as all participants will be required to sit as clients for each other during labs. If contraindicating medical conditions exist, you will be required to make alternate arrangements.

Registration Information:

Workshop Fee: \$925.00 (payable to the University of Manitoba). Payment in full must accompany registration form.

Registration: Full amount due by September 25, 2009.
After registration, if withdrawal from the workshop becomes necessary, a \$200.00 deposit will be retained by the School of Dental Hygiene and \$725.00 will be returned.

For further information, you may contact Lisa Chrusch at the School of Dental Hygiene (204) 272-3062.


**WELCOME
BACK**
Bannatyne


THE UNIVERSITY OF MANITOBA DENTAL ALUMNI ASSOCIATION (UMDAA),
IN PARTNERSHIP WITH THE FACULTY OF DENTISTRY AND SCHOOL OF DENTAL HYGIENE,
INVITES YOU TO ATTEND OUR FIRST ANNUAL CELEBRATION OF ALUMNI AND RELATIONSHIPS.
FEATURING

THE ALUMNI OF DISTINCTION AWARDS

FRIDAY, OCTOBER 16, 2009
HOTEL FORT GARRY
TICKETS ONLY \$125⁰⁰/PP

RESERVE YOUR TICKETS TODAY!
204.789.3631
EMAIL: dent_events@umanitoba.ca

**FACULTY OF
DENTISTRY**
**SCHOOL OF
DENTAL HYGIENE**
Traditions of Excellence, Horizons of Change

**UNIVERSITY OF MANITOBA
DENTAL ALUMNI
ASSOCIATION**

Chair's Message, Mickey Emmons Wener



I continue to be amazed at how we are maturing as a College and as a profession. We will always be impacted by 'the winds of change', but must continue to responsibly move forward on many fronts. Ensuring dental hygienists are competent and able to provide their care and expertise to those who need their services continues to be first and foremost. These are our driving forces as a College and as a Council.

At the CDHM Annual General Meeting on September 26, 2009, the College was very pleased to welcome Patti Hawthorn back for a second term, and to take on a new Council Member, Terry Phillips. Welcome!

The balance of experience on Council is important as we make decisions on behalf of all dental hygienists and the public. Currently, 5 of the 6 Council members are in clinical practice, 3 full-time; 2 are primarily academics, and collectively we have almost 185 years of experience! As well, we have 2 very experienced and valuable public representatives, both of whom were previously employed by Manitoba Health. The Council's election process is designed such that there is never a turn-over of the entire Council at once. If you want to help shape dental hygiene's future in Manitoba, I would encourage you to think about your potential to contribute and learn as a CDHM Council member.

The CDHM exists so that the public will have safe, competent dental hygiene care and expertise that contributes to oral and overall health.

As this is our mission as an organization, one of our major upcoming initiatives is to implement a continuing competency program. For those of you who were at the AGM, both Joanna Asadoorian and members of the Continuing Competency

Committee, provided excellent background on the rationale for a program that is individualized through self – monitoring, goal setting and the selection of relevant learning activities. This is in contrast to a requirement of hours – time spent that may not be relevant to your current practice. The input attending members provided at the AGM is valued and will be helpful to the Committee as the program is developed and launched. To prepare for its implementation, I encourage you to attend the CDHM information sessions that will be offered in the new year so that you are well prepared for the first year of the program, commencing in May 2010.

We are very fortunate to have such a capable Registrar/Executive Director, Kellie Hildebrandt. In her role, she ensures that the CDHM meets its planned 'outcomes'. She is now being supported by a Registration/Program Coordinator, Melody Chaudhary. Join us in welcoming Melody to the College! With our infrastructure in place with a staff and office, the CDHM looks forward to tackling important issues that will help move us to achieving our outcomes in a responsible and effective manner.

Our new office gives us visibility and credibility, not only amongst ourselves and other health professionals, but also the public as we strive to become fully recognized as oral health professionals. It gives us a place of our own to work, to meet, and to have all of our records kept. I hope to share our pride and excitement with you, and extend a warm invitation to you to attend the CDHM Open House on November 9th.

Always feel free to contact me as Chair, or the College with any questions or concerns, or suggestions for future Newsletter topics!

Mickey

Mickey Emmons Wener,
CDHM Council Chair

UPCOMING MEETING DATES:

COUNCIL:

NOVEMBER 9, 2009

CDHM Office News



NEW CONTACT INFORMATION:

Please update your records and send correspondence to:

**109 - 420 Des Meurons St.
Winnipeg, MB R2H2N9
Phone: 204-219-2678
Fax: 204-219-2679
Email: cdhm@cdhm.info
Website: www.cdhm.info**

Over the past couple of months, the CDHM has been settling into our new office. Several meetings of Council and Committees have already been held there and it is proving to be an excellent place to call home.

NEW CDHM STAFF:

Registration/Program Coordinator

We are pleased to announce that the CDHM has hired a new staff member to coordinate registration and renewals and also assist with the administration of other programs and services we provide. Registration/Program Coordinator - Melody Chaudhary joined us at the beginning of September and has been an excellent addition to our team. She comes to us with a wealth of experience in coordination of such services, and we are very happy to have her.

**Melody Chaudhary
CDHM Registration/Program Coordinator**



OPEN HOUSE:

Please join Council and staff as we welcome members and stakeholders to the CDHM office on November 9, 2009 from 5:00 to 8:00 pm. This will be an opportunity to come and tour the office as well as meet Council and Committee members.

OFFICE HOURS:

Regular office hours have been established at the CDHM office. Please feel free to contact us during these times:

Monday to Thursday - 9:00am to 4:00pm.

EMAIL NOTICES:

Throughout the year, the CDHM plans to email members with announcements and notices. This method of communication provides the CDHM with a quick and inexpensive method of informing members of upcoming events or providing information.



If you have an email address and have not yet subscribed to be on the CDHM email list, please do so by visiting :

<http://cdhm.info/contactUs.html>

OPEN HOUSE:

PLEASE JOIN COUNCIL
AND STAFF ON
NOVEMBER 9, 2009 FOR
THE CDHM GRAND
OPENING.

109-420 DES MEURONS
5:00 TO 8:00 PM



A Year in the Life of a CDHM Council Member

Kathy Griffiths BSc, RDH

CDHM Board Of Assessors (BOA) member and Council member

It is hard to believe that a full year has passed since I received the CDHM nominations form in the mail and contemplated whether or not to let my name stand for election to council. To be perfectly honest, I found the nominations form a little daunting with all of the questions and was unsure of what being on the CDHM council would involve. More importantly, I wondered if I was someone who had enough experience and knowledge to be a contributing factor on council being a more recent graduate (2004) and working mostly in private practice as a clinical hygienist.

Having already volunteered my time with the CDHM as a member of the Board of Assessors (BOA) and having such a positive experience, not only with the required duties of the position itself, but connecting with other hygienists who are also focused on helping the future of dental hygiene in Manitoba achieve new levels, I reached for my pen and began answering the questions on the form. Once I started writing, I realized that the questions were easier to answer than I had originally thought and my nomination form was filled out in no time.

The first Annual General Meeting of the college came quickly last September and before I knew it I was penciling in dates for all of the upcoming council meetings with some of the “big wigs” of dental hygiene in Manitoba (again, just a tad daunting).

The first meeting took place in December 2008 and I felt overpowered by all of the terminology and jargon that was being used (I frantically scribbled down notes and words to Google as soon as I got home!), but I took some comfort in knowing that I was not the only council member who was new to all of these concepts. I had never heard of Carvers Model or Policy Governance® before and had no idea what my role on council was going to be, but knew that I was up for challenging myself to learn new concepts and ideas.

Those first few meetings were overwhelming, but through the guidance of Susan Rogers (our Governance Coach) and her wonderful pictures and diagrams, I am starting to understand Policy Governance® and its important concept; to ensure that the college is always looking ahead and moving forward in the best interest of the public while maintaining the relationships of council with the members and council with the registrar and committees.

I make an effort to be prepared for all council meetings by reading and reviewing the documents that are going to be discussed at the upcoming council meetings. I also look back at what we have discussed at previous council meetings to try and tie everything that I am learning about Policy Governance® together and guess what, the pieces of the puzzle are starting to come together! I no longer sit at the council meetings without saying much; I’m starting to have a voice (it’s still quiet compared to some of the more experienced members of council, but it’s there) and I feel like I do belong at the table. My 5 years of clinical dental hygiene experience represents the voice of dental hygiene’s future in Manitoba as I speak for hygienists who have more years of dental hygiene practice to come than the number of years behind us.

I am very appreciative of my experiences up until now as I have learned so much from all of the other members on council and I look forward to the next two years I have left to serve on council. I urge other hygienists to challenge themselves to grow as dental hygienists by giving back to the profession.

“My 5 years of clinical dental hygiene experience represents the voice of dental hygiene’s future in Manitoba as I speak for hygienists who have more years of dental hygiene practice to come than the number of years behind us.”

Continuing Competency Program

The Continuing Competency Committee, made up of Alayna Gelley (Chair), Mireille-Fiola Hein, Marcia Rushka and Sheryl Slosower have worked tirelessly for much of 2009 researching and developing the framework for a 'made in Manitoba' Continuing Competency Program.

Dental Hygiene in Manitoba, with the achievement of self-regulation, has shifted from an occupation, to a regulated health profession. With this new achievement comes the requirement and responsibility of providing and monitoring competent, ethical, safe and appropriate health care for the public. Public protection has been the impetus behind establishing Continuing Competency programs amongst dental hygiene professionals across Canada.

An excellent presentation regarding Quality Assurance/Continuing Competency Programs was given to members at the AGM. Joanna Asadoorian, RDH, BScD, MSc began by talking about Quality Assurance, Continuing Competency and trends in the field. Members of the Continuing Competency Committee followed with a description of the conceptual framework for the CDHM Competency Program.

Further development of the details and policies surrounding the Continuing Competency Program are needed, but the conceptual framework is described below:

- Self-Directed Learning format - meaning that you as an individual will choose learning needs, goals, topics, problems, competencies, practice standards, etc that you feel you need to gain more knowledge or skill in. Dental hygienists will have the ability to customize their needs and activities to suit their situations and resources.
- Each year, 2 learning goals and 1 professional participation activity will be chosen:
 - **Assess/Identify 2 Learning Needs:** These may be dental hygiene/professional topics that are of interest to you, problems or challenges that you recognize through your practice, or topics that you identify from reviewing the CDHM Competencies or Standards of Practice.
 - **Plan and complete learning activities that help you meet your learning needs:** These activities could be in the form of attendance at an in-person continuing education course, study/journal clubs, journal articles, online-course, etc.
 - **Identify 1 Professional Participation Activity** that will allow you to become involved with the MDHA, CDHM or community. For example, attendance at meetings of the MDHA or CDHM, volunteering for council or committee positions, offering your time in the community to reach out, educate or promote dental hygiene and oral and overall health.
 - **Implement** the information, knowledge or skill acquired and **reflect/evaluate** how it has impacted your practice.
- The Continuing Competency Year will run from May 1st to April 30th each year, with the first year beginning on May 1, 2010.
- Submission of learning needs, activities and reflection will be due by April 30th each year. First submission will be required by all practising members on April 30, 2011.
- Extensive training and guidance on the Continuing Competency Program will be provided by the College in the form of information sessions and manuals in advance of May 1, 2010.

Please be aware, that further details, correspondence, manuals, and information sessions will be provided in ample time to ensure understanding of the program requirements prior to its implementation.

We would appreciate that questions regarding the details and requirements of the program wait until the new year when more information is available. Thank you!!

If you were unable to attend the AGM and would like to provide feedback to the CDHM regarding the Continuing Competency Program, please Complete the FEEDBACK FORM on the last page of this newsletter and return it to the CDHM office.



MDHA Update

MDHA Professional Development 2009-2010 Calendar

October 17, 2009	Faculty of Dentistry CE Department, Cont. Medical Education and MDHA Periodontal-Systemic Relationships Presented by Casey Hein BSDH, MBA Bannatyne Campus, Room 204 Brodie Centre, 9:00am-4:00 pm
November 14, 2009	Faculty of Dentistry CE Department and MDHA The Dental Health of Canadians Presented by Dr. Peter Cooney, Chief Dental Officer, Health Canada Bannatyne Campus, Room 204 Brodie Centre, 9:00am-1:00 pm
November 23, 2009	Manitoba Dental Hygienist Lecture Series Professional Collaboration & Healthy Smile & Happy Child Project Presented by Ms. Lavonne Harms, RD, MEd Faculty of Dentistry, Schwartz Theatre, 7:00pm—9:00pm
January 29, 2010	MDA 125th Annual Mid-Winter Convention Ms. Betsy Reynolds, RDH, MS
March 1, 2010	Manitoba Dental Hygienist Lecture Series The Influence of Vitamin D on Early Childhood Oral Health Dr. Robert Schroth, DMD, MSc Faculty of Dentistry, Schwartz Theatre, 7:00pm—9:00pm
April 3, 2010	Manitoba Dental Hygienists Association Workshop Local Anesthetic Refresher Part 1 Presented by Prof. Salme Lavigne, Dip.DH, RDH, BA, MS(DH) Room TBA, 9:00am to 1:00pm
April 12, 2010	Manitoba Dental Hygienist Lecture Series Topic and Speaker TBA (Chosen by you) Faculty of Dentistry, Schwartz Theatre, 7:00pm—9:00pm

To register for courses:

MDHA Series (MDHA Members Only)

- by email at: info@mdha.ca
- phone 981-7327
- \$115.00

Joint Sessions with the Faculty of Dentistry, Continuing Dental Education:

- Online at: umanitoba.ca/faculties/dentistry/cde/cde_registration
- phone: 789-3331/3437

MDHA Partners with Find First Aid to Offer CPR Courses

For the third year in a row, MDHA has partnered with Find First Aid to provide the Health Care Provider Level C CPR course to our members at a reduced rate. MDHA members who provide Find First Aid with their CDHA number will be able to attend the course at the reduced rate of \$30.00. Find First Aid is accredited by the Heart and Stroke Foundation. Our members have provided nothing but positive feedback about the course and the instructors at Find First Aid. The CPR course will start running Thursday, September 10th and will run every other Thursday following that date. Find First Aid requests that you please call them to book your spot in the course as they have a maximum number of spaces that the room can comfortably accommodate.



What: Health Care Provider Level C CPR Course

Where: Find First Aid
1295 Pembina Hwy. (beside Hakim Optical)
Phone number: 782-0390

How much?: \$30 for MDHA members. **You will be requested to provide your CDHA number. Only those who provide their number will receive this discount.**

When: 6:00 pm
Oct 8th and 22
Nov 5th and 19th
Phone Find First Aid to see if there is any alternate dates of courses available.

H1N1 FLU BULLETIN: Message to All Manitobans - Manitoba Health

Please share this information and/or post at your location.

Manitoba has seen a growing number of cases of flu-like illness, including confirmed H1N1 flu. It is likely H1N1 is present across the province and in every community in Manitoba. It is important to know that the majority of Manitobans who have become ill have not required hospitalization. Although there has been an increase in the number of people with severe respiratory illness, this has represented a small proportion of all the cases in Manitoba.

In Manitoba, there has been no public health reason to close schools, community centres or other public gathering places or to avoid travel to any community. There also has been no public health reason to exclude people from any public settings because of their ethnic background, job or home community.

The World Health Organization's decision to go to pandemic alert

level six has not changed Manitoba's response to H1N1 flu. The same basic measures that have already been recommended and implemented are still the best defence against H1N1 flu, no matter where you are or who you are with.

If you have symptoms of a respiratory infection, you should:

- Stay home from school or work and limit unnecessary contact with others.
- Contact your health-care provider or visit your nearest health-care centre if you are concerned that you may need care – especially if your symptoms are severe or worsening (e.g. shortness of breath, dehydration, or worsening fever, cough or weakness).

Whether you have flu symptoms or not, you should:

- Cover your cough by coughing into your elbow or sleeve or use a tissue to cover your nose and mouth when coughing or sneezing.

- Wash your hands often with soap and water, especially after coughing or sneezing. Hand sanitizers are also effective.
- Reduce the spread of germs by limiting touching your eyes, nose or mouth and by washing your hands frequently.
- Maintain your health by taking care of yourself and those in your care including eating a healthy balanced diet, avoiding cigarette smoke and other harmful substances, being active and getting enough rest and sleep.

For personal advice on self-care or when to seek further care, Manitobans who cannot contact their primary health-care provider can phone Health Links–Info Santé at any time at 788-8200 or toll-free at 1-888-315-9257.



H1N1 Resources & Links

Seasonal flu outbreaks occur when there are minor variations to an influenza (flu) virus. During widespread flu or other infectious disease outbreaks, dental professionals and practices need to be prepared to minimize the risk of transmission of the disease, as well as to answer questions related to how they will manage the pandemic.

With the recent outbreak of the H1N1 Virus, and from request from members, the CDHM feels it prudent to provide information and links that may be of assistance to health care providers. Because information and resources are being updated on an ongoing basis, the following links have been provided so that dental hygienists may research the latest news and recommendations. The links below represent only a small amount of sources that may provide pertinent information. Please feel free to do a more comprehensive search for further information.

- <http://www.gov.mb.ca/health/publichealth/sri/index.html>
- <http://www.gov.mb.ca/flu/factsheets.html>
- <http://www.cdc.gov/h1n1flu/>
- <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/hp-index-eng.php>

IN MANITOBA, VISIT:
[HTTP://WWW.GOV.MB.CA/HEALTH/PUBLICHEALTH/SRI/INDEX.HTML](http://www.gov.mb.ca/health/publichealth/sri/index.html)

Renewal of Registration - 2010

Enclosed with this newsletter are your renewal documents for the 2010 registration year.

Please note that the due date for renewal forms and **ALL** supporting requirements to be received or postmarked is **December 1st**. Forms and documents that are received after this date are considered late and subject to a late fee.

CPR: In order to meet the annual CPR requirements, please plan on having CPR courses completed between January 1, 2009 and November 30, 2009. If CPR courses are scheduled after this date, and copies of cards are received by the CDHM office after the renewal due date, renewals will be considered late. For your information, the CDHM is not concerned with the expiry date on your card, rather only the date of course completion.

Liability Insurance: Proof of insurance for the 2010 registration year must be received by the renewal date as well. Any evidence submitted should state that insurance is in effect from January to December, 2010 and that it meets the minimum required amount (\$1 million per claim/\$3 million per year).

With the change in our renewal due date, it will be imperative that this requirement is addressed with the respective carriers earlier than in past years.

- **For CDHA members:**

- Please submit a Certificate of Insurance that can be printed from the CDHA website, Members Only section.
- Request that CDHA send us an email confirmation of insurance.

- **For CDSPI subscribers:**

- Please submit a *Memorandum of Insurance* provided by CDSPI.
- Request that CDSPI send us an email confirmation of insurance.
- Please note: The invoice That CDSPI has sent you, or a copy of the cheque written to pay for the insurance is not valid evidence of insurance being in place for 2010.

Practice Hour Requirement

With the upcoming renewal for 2010 registration, the maintaining and declaring of practice hours will now be required each year by all practising dental hygienists.

In accordance with the Dental Hygiene Regulations, subsection 9(1), 9(2) and 9(3), a dental hygienist on the Register of Dental Hygienists - Practising must submit evidence that he/she has practised the minimum number of practise hours required.

On previous registration and renewal forms, all practising dental hygienists were asked to declare practice hours for 2007 and 2008. These hours will be totaled with 2009 hours declared on your 2010 renewal forms (see sidebar information).

The CDHM will continue to utilize the declaration format to provide evidence of practise hours. Please remember that this declaration has the same significance as giving one under oath and by signing it, you are declaring that the information provided is correct, complete and true in every respect. The CDHM has authority to seek information from other sources and may review a member's practice through audits if there is a need for verification.

If practice hours do not meet the minimum required, and an individual would like to be registered on the Register of Dental Hygienists - Practising, further evaluation of knowledge and skills may be required in the form of a Competency Assessment and possible re-entry program.



Minimum practice hours are as follows:

- If you graduated within 12 months of renewal, there are no minimum practice hours.
- If you graduated within 24 months of renewal, 400 practice hours are required.
- If you graduated more than 24 months of renewal, 600 practice hours are required.

Competency Assessment and Refresher Program Update

Since August 2008, the Prior Learning Assessment and Recognition (PLAR) Committee has been meeting to discuss the needs and goals for the Competency Assessment and Refresher Programs. The committee is currently composed of: Alayna Gelley, Diane Girardin, Salme Lavigne, Laura MacDonald and Mickey Wener.

These programs are being developed in order to assess and ensure competence for:

- Individuals who have been out of dental hygiene practice for more than three years;
- Individuals who have not met the minimum practice hours required in a three year period; or
- Graduates of non-accredited or international dental hygiene programs.

The Clinical Competency Assessment and Refresher programs from other jurisdictions have been reviewed, as well as courses offered by the Canadian Dental Hygienists

Association (CDHA), to assess the suitability and effectiveness for use in Manitoba. As with the Continuing Competency Program, we are fortunate to have other provinces' programs to consider in the development of our own.

If an individual falls into one of the categories described, he/she will be required to complete the Competency Assessment. This assessment will be composed of both a didactic and clinical component with evaluators assessing the competence of the candidate. If an individual is deemed incompetent, and further re-training is recommended, successful completion of the Refresher program will be required.

The Competency Assessment will be offered for the first time in December 2009. Although the intent was to have the Refresher offered in December as well, due to challenges with scheduling and availability, our goal is to have the Refresher Program first offered in June 2010.

CDHA Job Market Survey



Take the CDHA Job Market and Employment Survey today!

This survey is designed to gather information from CDHA members on the most significant issues affecting your profession. Provide your input on topics such as education, practice settings, salary, benefits, occupational health issues, future career interests, employment search, volunteer work, and hours of work. When you participate, you'll have a chance to win a Garmin NUVI GPS and a \$100 gift certificate to Future Shop.

The results of the survey will provide you with valuable data for salary and benefits negotiations, and help you plan your career path. The survey will be open from 1 to 31 October, 2009.

English: http://www.surveymonkey.com/s.aspx?sm=3Y_2f95FV0QoIGJdwZZXXwwQ_3d_3d

French: http://www.surveymonkey.com/s.aspx?sm=T4CbbCZmqgK4QAzoP7ES5w_3d_3d

Top 5 Reasons to Join the

Manitoba Dental Hygienists Association



Find out more!
www.mdha.ca

email: info@mdha.ca

www.cdha.ca

- 1. Reduced Fees on CE courses**
- 2. Professional Updates & Communications**
- 3. Membership has it's Benefits***
- 4. Stay Connected with Alumni**
- 5. Give back to your Profession & Community**

*Members have access to a comprehensive insurance program, designed specifically for hygienists, plus our growing partner discount with savings on technology, uniforms, personal & auto insurance and much more!

CONTINUING COMPETENCY PROGRAM FEEDBACK FORM

Your feedback is appreciated. Please feel free to comment on the questions below and return them to the CDHM office. This feedback will assist us in further development of the program.

Once the Continuing Competency Program is in place, and considering your learning style, which activities do you expect to take part in? (Please check all that apply)

- In person courses (i.e. those offered locally by the MDHA, CDHM, U of M, MDA, etc)
- Online courses (i.e. those offered on the CDHA website)
- Researching and review of journal articles
- Study/Journal Clubs
- Watching dental hygiene videos/DVDs
- Other: _____

What could the College do to support you during the implementation of the Continuing Competency Program?



MOVING?? Change of Name and Address Notification

It is essential that members of the College of Dental Hygienists of Manitoba (CDHM) ensure that their mailing address is always current. Incorrect or out of date addresses can lead to missed mailings which may include important notices and documents. Name and address changes must be submitted in writing, or by email and should include the following information:

Name (in full)		CDHM Reg. Number
New Name (in full, if applicable)	Old Address	
New Address	Home Phone	Email
Effective Date	Signature	

Registrants are welcome to copy or cut out this name/address change card and use it to submit a name change or address change. Please contact the CDHM if you require further information. Telephone: 204-219-2678 Fax: 204-219-2679 or email: cdhm@cdhm.info