



CDHM Connections

COLLEGE OF DENTAL HYGIENISTS OF MANITOBA

Ensuring the public has access to safe, competent dental hygiene care and expertise that contributes to improved oral and overall health.

Issue 14

September 2013

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Registrar's Report

A time to reflect, a time to celebrate

As the Council and the College's administrative staff prepares for the 2013 College of Dental Hygienists of Manitoba (CDHM) Annual General Meeting (AGM), I have had an opportunity to reflect on the history of the CDHM as well as the entire dental hygiene profession from a national perspective.

In comparison to other health care professions, dental hygiene is a relatively new occupation which emerged in the early 1900's in the United States. It was founded by Dr. Fones who is considered to be 'the Father of Dental Hygiene'. Even though the dental hygiene profession was gaining momentum in the United States during this time, the establishment of this profession in Canada did not occur until the mid-twentieth century. Other health care professions such as dentistry emerged in the mid-late 1800's, while nursing and medicine were established as early as the 1600's.

Momentously, the first Canadian dental hygienist was registered in 1949 in Saskatchewan. Shortly afterward, in 1952, Manitoba legally recognized dental hygiene as a health occupation. Ms. Kay Peschel is the first known dental hygienist to be employed in Manitoba and was hired by the provincial public health department. In 1963, the University of Manitoba, School of Dental Hygiene was established through partial funding by the Kellogg Foundation Grant. As many of you are aware, Ms. Margery Forgay was the first Director of the School and has left behind a legacy of dental hygienists who span the globe, practice in many different capacities and are remarkably involved in altruistic endeavors to the improvement of their clients' oral health status'. Manitoba was one of the first of four founding constituency members to establish the Canadian Dental Hygienists' Association (CDHA). The strong presence of the CDHA in many environments, as organized dental hygiene, further exemplifies the maturation of our profession.

We have come a long way! As of January 2013, there are approximately 27,400 registered dental hygienists across Canada, a far cry from 1964 when there were only 165 dental hygienists practising nationwide. There have been a multitude of milestones along the road to self-regulation of the dental hygiene profession. From the initiation of the profession in 1949 to dental hygiene educational institutions graduating dental hygienists from diploma and degree programs all across Canada; from being governed under Dental Legislation to having our own Legislation; and from being only able to provide dental hygiene services under the supervision of a dentist to being autonomous oral health care professionals in command of our own scope of practice.

The milestones in dental hygiene of the past half century have been immense. However, it is important to remember that noteworthy achievements happen in small steps and milestones commemorate all of the significant steps that one has taken towards a goal.

I strongly recommend that when you have a chance to celebrate life's milestone you go ahead and 'just do it!' Whether the milestones are small or large it is essential to consider where you've come from and how much you've grown. This reflection will give you the motivation to keep moving forward in your journey. As both the CDHA and the School of Dental Hygiene prepare to commemorate their 50th anniversaries and the CDHM honors its 5th year anniversary, I invite you to join me in being enveloped in the achievements of such a remarkable profession.

I can honestly say that I am proud to be a dental hygienist in Manitoba and truly appreciate the early strides of our dental hygiene founders.

Sincerely,

Stephanie

Stephanie Gordon BA, RDH
CDHM Registrar/Executive Director

RESOURCES

Johnson, P.M. Dental Hygiene in Canada, 1964-1984: Twenty years of Professional Growth and Maturation. L'Hygieniste Dentaire Du Canada, 18 (4):92-98, 1984.

University of Manitoba, School of Dental Hygiene, Archive files.

UPCOMING MEETINGS

FLUORIDE STRATEGY MEETING:
OCTOBER 9, 2013

REGULATED HEALTH PROFESSIONS ACT MEETING:
NOVEMBER 13, 2013

ORAL HEALTH ORGANIZATIONS WORKING GROUP:
SEPTEMBER 18, 2013



Chair's Message

"Have the daring to accept yourself as a bundle of possibilities, and undertake the game of making the most of your best."

Harry Emerson Fosdick

Fall is upon us and as the College prepares for the upcoming Annual General Meeting in October, Council once again prepares for transition - we will soon bid farewell to Council members Salme Lavigne, Karren Sigurdson and Tess Newton. Salme will be leaving Council at the end of September as she embarks on her journey to retirement after more than a decade of participation as part of the MDHA Legislation Committee, as member of the CDHM Transitional Council, as well as inaugural council member who returned for a second term! She will be missed here in Manitoba and cannot be thanked enough for her wisdom, vision and leadership which helped shape the profession of dental hygiene. Enjoy your new home in British Columbia and continued trips to France!

Karren Sigurdson and public member Tess Newton, will be leaving after serving as appointed Council members due to vacancies that occurred this past year. Our thanks to each of you for sharing your personal and professional time so generously on Council.

UPCOMING MEETINGS

COUNCIL:
NOVEMBER 25, 2013

ANNUAL GENERAL
MEETING:
OCTOBER 19, 2013

A council or committee position is not one that is readily sought after, and most often, hygienists have been approached by the CDHM to apply for a position. Know that an invitation is not required or any particular "experience" necessary. However, one thing is certain, everyone to date, who has agreed to take a position with the CDHM, has shown the willingness to learn about the function of the college, displays the utmost respect for the profession and is genuine in upholding the college's responsibilities to the public. It has been my privilege to work with colleagues and public members alike with such high ethical standards. We learn so much from each other to see the big picture and create a vision for the long term - that is the experience!

It has been a concern that the CDHM council has not had rural representation for a few years and we are happy to announce that Karina Toews has graciously accepted the appointment to serve on Council to complete a one year vacancy created by Salme's resignation. Karina is a 2003 U of M School of Dental Hygiene graduate who has just recently completed her Bachelor of Science in Dental Hygiene. She currently resides in Steinbach, Manitoba and comes to us with experience in clinical private practice and history as a volunteer with three 'Kindness In Action' dental groups in Nicaragua, Belize, and Guatemala, providing free dental hygiene care for underserved populations. Welcome Karina!

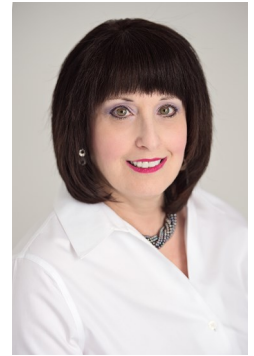
In our effort to share the vision of the College, we invite you to review the newly revised Annual Report which will be on the website. This document serves not only as a requirement of our legislation in reporting to the Minister of Health, but also reflects to you, our members, the accomplishments and growth of the College over the past 5 years.

Please make plans to join us on October 19th for the 2013 Annual General Meeting/5th Anniversary of Self-Regulation Celebration Luncheon at the Caboto Centre, 1055 Wilkes Ave., Winnipeg. There are two candidates who are willing to let their name stand for positions on Council. Join in showing your support by attending and casting your ballot.

Sincerely,
Patti

Patti Hawthorn RDH
CDHM Council Chair





Continuing Competency Program (CCP) Update

For the CCP Year, May 1, 2012- April 30, 2013, I am encouraged that dental hygienists in Manitoba are seeking exciting learning opportunities. Moreover, dental hygienists are sharing this newfound knowledge with their colleagues and are establishing office protocols and guidelines with the ultimate aim of improving and transforming practice, and health outcomes. In addition, it is apparent that dental hygienists are committed to giving back to the profession in unique and varied roles. This year, Janet Rothney reports that there has been an improvement in the searching skills of dental hygienists, which is encouraging to both the College and the registrants. There were seven journal study clubs registered with the CDHM involving 38 RDHs. Some of the topics were xerostomia, medical emergencies in the dental office, behaviour management, fluoride varnish, implant instruments, natural toothpastes/dental products and their effectiveness. Notably, the CCP website contains information and links to an evidence-based article on how to run an effective journal study club titled, How to run an effective journal club: a systematic review.

Please refer to the 2012/2013 CDHM Annual Report soon to be released on www.cdhm.info for more information about the Continuing Competency Program.

I look forward to seeing you at the AGM and celebrating the CDHM 5th year anniversary!

Sincerely,

Sheryl

Sheryl Sloshower RDH BSc(DH)
CDHM Continuing Competency Coordinator

CDHM Complaints Committee Update

The *Dental Hygienists Act* requires that the CDHM Council must appoint a Complaints Committee whereby the Council mandates the committee follow a specific complaints process. A complainant has a right to put forward a complaint to the College against a registrant regarding his/her conduct. This process may seem disconcerting if registrants do not understand the administration of a complaint. The following information below will outline the process by which a complaint to the CDHM is approached and hopefully may alleviate some concern if a complaint is lodged against you.



The Registrar/Executive Director can receive complaints from a variety of different sources, including clients, concerned members of the public, other registrants and other oral health care professionals. These complaints are reviewed by the Registrar/Executive Director and then are referred to the Complaints Committee for investigation and review. The Registrar/Executive Director also has the capacity to refer a complaint to the Complaints Committee.

Once the complaints committee believes they have received all of the information pertinent to the complaint they will review all of the materials and render a decision. Decisions may include any and or all of the following: no corrective action, conditions placed on registration, censures, suspension and/or cancellation of registration. Once the Complaints Committee has made their decision, they will notify the registrant and the individual who originally lodged the complaint of said decision.

If the complainant is dissatisfied with the decision of the complaints committee it can appeal the decision to the Council. The Council will then review the decision of the Complaints Committee as well as all supporting documents provided by the complainant and the registrant and will make their own decision based on the supporting documents.

Since October 2012, the Complaints Committee has met on six different occasions to review four new complaints. These complaints pertain to unprofessionalism and practising outside of one's scope of practice.

More information about the Complaints Committee and its processes can be found in the 2012/2013 CDHM Annual Report soon to be released at: www.cdhm.info.

Sincerely,

Cindy

Cindy Isaak-Ploegman, RDH, BA, MED
On behalf of the Complaints Committee



Extended Practice Update

Mickey Wener, Extended Practice Coordinator

What dental hygienist hasn't heard the name, Esther Wilkins? Believe it or not, she was the author of our mainstay textbook when I graduated in 1973! Esther Wilkins continues to be relevant as she provides some helpful descriptions of the terms used when discussing the legalities of practice in her 2009 edition of the textbook, *Clinical Practice of the Dental Hygienist* (table excerpt adapted for Manitoba).

LEGAL CONCEPT	EXPLANATION	APPLICATION
Professional Liability	A licensed professional is legally responsible for all actions; bound by the law. Every member must comply with the standards of practice (Regulation 30(2)).	RDH scope of practice is defined in <i>The Dental Hygienists Act (2005) and Regulations (2008)</i> of Manitoba. Standards of practice (Regulation 30 (1), are set out in these college published documents: <i>CDHM Practice Standards (2007)</i> and <i>CDHM Practice Competencies (2007)</i> . See: http://www.cdhm.info/legislation-resources
Scope of Practice	An RDH is legally bound to provide care within the dental hygiene scope of Practice.	Adherence to requirements, such as those for registration (i.e. hour requirements), special designations (i.e. extended practice, local anaesthesia, restorative or orthodontics) or for approved settings for practice as legally defined within <i>The Dental Hygienists Act and Regulations of Manitoba</i> .
Standard of Care	A professional uses the ordinary and reasonable skill that is commonly used by other reputable dental hygienists when caring for clients; involves prudent judgment and use of all available resources.	Example: Evaluating the client's assessment data before determining which radiographs are needed according to individualized maintenance intervals.
Informed Consent	Voluntary affirmation by a client to allow examination or treatment by authorized dental personnel.	Involves the ongoing process of communicating and educating a client about oral health options, not only printing a form to sign.
Negligence/Malpractice	Failure to perform professional duties according to the accepted standard of care.	Client must show that the RDH has a duty to the client, was derelict and breached that duty, there was evidence of direct cause, and that damages resulted. Example: Not performing circumferential probing and informing/referring a patient when periodontal concerns exist can be considered negligence.

Excerpted and adapted for Manitoba from: Wilkins EM. *Clinical practice of the dental hygienist*. 10th edn. Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, 2009, p. 355. Accessed on-line 9/9/2013 from http://downloads.lww.com/wolterskluwer_vitalstream_com/sample-content/9780781763226_Wilkins/samples/97568_ch21.pdf

As more dental hygienists choose to make use of their 'extended practice' designation which allows for more autonomy in both dentist-owned and alternative practice settings, knowing your professional responsibilities is increasingly important. A review of the *CDHM Practice Standards* and the *CDHM Competencies* provides a detailed description of our professional standards in Manitoba.

Sincerely,
Mickey

Mickey Emmons Wener, RDH, MEd



Hopelessly Devoted to Everyone but Me.....

Donna Dowie, Administrative Assistant to the Registrar

As the lazy days of summer are behind us, we find that the fall season is fast approaching with the return to school for the students, shorter sunny days and the start of the Jets hockey season in the next couple of weeks. That being said, it is easy to get caught up in the stress of long work hours, getting families back into a routine while still having time to enjoy the fun things in life. But as a professional, how can one prevent becoming dysfunctional and “burning out” on the job? Especially when one is in control of others oral health care and wellbeing.

The following are some strategies to use at home and in the work place to prevent and avoid poor behavioral actions that may negatively impact your life:

Home:

- By managing your workload you will have more time for relaxing and socializing with others
- By taking time for regular exercise and meditation while maintaining healthy eating and sleeping habits in your daily routine you will improve your overall health
- If taking on extra responsibilities, get help and support from family and friends
- By taking a break away from technology by turning off your phone and laptop this will help to clear and rest your mind

Work:

- Actively addressing problems and being proactive instead of being passive will decrease workplace turmoil
- Clarifying your job description and responsibilities with your employer will ensure exactly what your responsibilities are
- Engaging in exercises such as a short, brisk walk or a yoga class on your coffee or lunch break can help to maintain focus and clarity
- When feeling frustrated at work, do not show up late, leave early or skip out of work in retaliation

There are ways to be prevent burnout by being aware of the following:

- Recognize – Watch for the warning signs of burnout
- Reverse – Undo the damage by managing stress and seeking support
- Resilience – Build your resilience to stress by taking care of your physical and emotional health

At the CDHM office, we are busy preparing for the 5th year Self-Regulation Anniversary Celebration that is a momentous occasion for the profession of dental hygiene in Manitoba. I will try, with enthusiasm, to make this event a memorable anniversary celebration for the CDHM registrants by taking into consideration all the aspects I have passed on to you.

“Life’s challenges are not supposed to paralyze you, they’re supposed to help you discover who you are.” —Bernice Johnson

Sincerely,

Donna Dowie

Donna Dowie, Dip HR Mgmt
Administrative Assistant to the Registrar



Bring Along A Story and a Smile!
School of Dental Hygiene Wants Your Memories for Anniversary Event

What is your fondest memory of your time at the School of Dental Hygiene? What stood out and made a lasting impression on you during your time as a student at one of the leading schools of the profession in Canada?

The School of Dental Hygiene is calling on alumni to share their stories and experiences at this fall's Champagne Brunch slated for Saturday, September 21. As part of the golden anniversary celebrations of the School of Dental Hygiene, alumni are invited to share their stories and experiences with the those assembled during the Saturday morning event slated for the Brodie Centre starting at 11 am.

Prizes will be awarded for the best stories.

School alumni are also reminded to contact the school office to reserve their seat as space is limited and running out quickly. There is no charge to attend the event that will include a full champagne brunch, appearances by many notable alumni and tours of the school for those interested.

To reserve your seat, contact the SDH office at 204.789.3683 or via email at dent_hygiene@umanitoba.ca.

Remember — only a limited number of spots remain for this historic event!



THE SCHOOL OF DENTAL HYGIENE AT THE UNIVERSITY OF MANITOBA WELCOMES
ALUMNI, FRIENDS AND SUPPORTERS TO OUR 50TH ANNIVERSARY

50 years
1963-2013
SCHOOL OF
DENTAL HYGIENE

*Champagne
Brunch!*

SATURDAY, SEPTEMBER 21, 2013
11 AM ~ 1:30 PM
BRODIE CENTRE, BANNATYNE CAMPUS

COMPLEMENTARY TICKETS * AVAILABLE AT:
DENT_HYGIENE@UMANITOBA.CA
OR CALL: 204. 789. 3683

FACULTY OF
DENTISTRY
SCHOOL OF
DENTAL HYGIENE
Traditions of Excellence, Horizons of Change

UNIVERSITY
OF MANITOBA

* LIMITED NUMBER OF TICKETS AVAILABLE
* FIRST-COME, FIRST-SERVED
* ALUMNI ONLY, PLEASE!

2007-The first registration of RDHs by the CDHM Registrar and inaugural Board of Assessors commences.

2008— The first CDHM Council appoints its first Council Chair, Mickey Wener.

2010— The CDHM Council appoints its second Council Chair, Patti Hawthorn.

Annual Celebration Approaches

2013 Alumni of Distinction Dinner & Dance set for September 20

The annual evening of excellence is close at hand. The 2013 edition of the Alumni of Distinction evening is fast approaching and all alumni and friends of the Faculty of Dentistry and School of Dental Hygiene are welcomed and encouraged to join in the weekend celebration.

This year's honourees include Dr. Barry Rayter and Ms. Pattie Moore for dentistry and dental hygiene, respectively. Both of this year's recipients share long histories of involvement with the profession, in and around the University of Manitoba.

"Once again, we have a couple of outstanding people featured for this year's event," said Dr. Kyle Gauthier, president of the University of Manitoba Dental Alumni Association, the chief sponsor of the annual event. "Every year it seems it can really be difficult to make this decision because we always receive nominations for so many worthy candidates."

The 2013 awardee for dentistry is likely no stranger to anyone in the oral health profession here in Manitoba. Dr. Barry Rayter has literally spent the entire expanse of his career involved in organized dentistry. For three consecutive decades, Dr. Rayter served the provincial association as chair of its economics committee.

Dr. Rayter also served as chair of the peer review committee and held a term as president in 1996-1997. He would go on to receive the provincial association's Award of Appreciation in 2008 and the Hall of Fame Award in 2001 for valued service to the profession and the public.

Since then, Dr. Rayter has still stayed involved in the profession, next serving as a volunteer instructor at the Faculty, helping in the process of moulding the young minds of today into the practitioners of tomorrow.

"I just wound up at the school because they asked me and because I liked it," he said. "Basically, I like (the students) very much. I think they are great kids. There are so many nice things about them and I feel that they are very respectful to me and I enjoy that. Now I have a whole bunch of new ideas about things that I never had before!"

For her part, Ms. Pattie Moore has also been something of a fixture in the field of dental hygiene. Her career as a public health dental hygienist has spanned over 30-years. Throughout that time, many significant accomplishments were realized, including the formation of the SMILE program — Saving Mouths in Income Limited Environments — in the inner city and a stint as the first coordinator of Healthy Smile Happy Child programme.

As well, Ms. Moore is also the author of two children's books on oral health and is a regular guest presenter at the School of Dental Hygiene discussing the role of a dental hygienist in a public health setting.

The evening will also feature a tribute to the Class of 1963, the second graduating class of the Faculty of Dentistry, which marks its golden anniversary year.

And as always, the evening will also offer no shortage of fellowship and good times as alumni, students and friends of the Faculty gather for what has become one of the most anticipated events of the oral health calendar in Manitoba. The evening gets underway at 6 pm with cocktails at the Promenade Ballroom in the beautiful Fort Garry Hotel. The delicious, four-course dinner is served at 7 pm with the awards ceremony at 7:30.

Tickets are still available for the 2013 evening of excellence and can be reserved by contacting Kristjana at the Faculty of Dentistry. Call 204.789.3249 or send an email to k.oliver@umanitoba.ca.

2006- The CDHM Transitional Council begins work on regulations and by-laws.

2008— *Extended Practice RDHs can now provide their full scope of practice independently in approved settings and programs.*

2009— The CDHM opens its newly renovated office at 109-420 Des Meurons Street.

Golden Graduation

Class of 2013 marks 50 years of dental hygiene education at the University of Manitoba

For many in the dental hygiene Class of 2013, the start of the new academic year way back in September 2011 wasn't too much out of the ordinary. Naturally there was the usual sense of anticipation and a bit of nerves on the part of the new additions to the School of Dental Hygiene cohort as they prepared to embark on the pathway to their new careers.

Most were likely completely unaware that this class would be a bit different than others, if only because of the calendar year. The Class of 2013 will be logged in the books as the golden anniversary class of the School of Dental Hygiene.

In addition, it is also milestone years for the major partnering groups of the profession as the Canadian Dental Hygienist Association celebrates its 50 year anniversary while the College of Dental Hygienists of Manitoba marks the fifth year since its inception as well.

"You are all graduating in a very special year," said Dr. Joanna Asadoorian, director of the school in her remarks to the newly minted professionals this past spring. "All three of these institutions are the foundations of our profession. So I hope you all recognize the importance of giving back by being participants in whatever capacity you can in the future."

For the record, the 26 graduates of this historic class are also the first to graduate as third-year students, following changes to the university protocol that allows students to target dental hygiene in their first year of studies.

Ms. Chelsea Hagen is also in the record books as the 2013 winner of the School of Dental Hygiene Medal (highest GPA over the course of the study) along with the Manitoba Dental Association Gold Medal (highest overall average) and the Hu-Friedy Golden Scaler Award (high level of development in instrumentation skills).

Others earning academic honours include Laura Allain who claimed the Manitoba Dental Association Prize and Dental Faculty Women's Association Prize; Larissa Bubnowicz received the Endowment Fund Award in Dental Hygiene; Jamaka Gerwing was named for the Margaret E. Miller Award with Raymond Wang taking the MDHA Award and the Maria Araceli Pacheco Memorial Award in community health.

The senior stick of the class noted how quickly their time at the school had passed.

"Second year, now the third year, moved with such intensity and high speed that our commitment and transformation was highly believable," Larissa Bubnowicz said. "We worked at applying our knowledge, education talent and skill, each day becoming that much more independent, that much more competent. We started out, the 26 of us and I'm proud to say that we arrived at our destination 26 strong."

Students and instructors also offered tributes and thanks to family and friends in addition to acknowledging their mentors who guided them throughout their educational journey.

Since its inception several years ago, the School of Dental Hygiene mentorship programme has proved exceptionally successful with a near full complement of mentors consistently volunteering their time throughout the year, many of whom turned up at the Graduation Breakfast to congratulate their protégées.

"Through the two-years at the Faculty and attending mentorship and professional association events, you have gained knowledge and established important personal connections," said Shauna MacGregor, past president of the Manitoba Dental Hygienists Association and member of the Dental Hygiene Class of 2005. "These connections will provide you with guidance and support needed to best serve the oral health needs of the public."

The Class of 2013 is also emerging into the workforce at what might be considered the Golden Age of Dental Hygiene in Manitoba. Thanks to self-regulation, professionals are now free to practice without supervision, opening many new avenues of potential for those in the field.

The director of the school reminded the new grads that participating in the programme is just one way that they can continue to help build the profession now that they are out on their own.

"We see through our mentors that we can all give back various in ways to our profession," Dr. Asadoorian said, "to ensure that we don't just maintain the status quo but that we bring our profession forward as we go forward in time and continue to deliver exceptional health care to the public." (Continued on page 10...)

Golden Graduation continued.....

The Dean of Dentistry was also on hand to congratulate the class and to offer a few words of wisdom during one of the final gatherings of the class as a complete group.

“It’s been said that today marks a new beginning, a new chapter, new endeavours, and new challenges. Celebrate your success, but, at the same time, prepare yourself for tomorrow and brace yourself for what lies ahead. School may be over but the learning always continues,” Dr. Anthony Iacopino said. “Life’s lessons are yet to be learned. Keep an open heart and an open mind. Most importantly, when you leave here, don’t forget why you came.”

The profession now also boasts two robust member associations with the University of Manitoba School of Dental Hygiene Alumni Association now established and heading into its third year of operation. The UMSDHAA and the MDHA offer their members a variety of benefits including networking and continuing education opportunities that are essential for those in the field.

The School of Dental Hygiene is also planning a huge anniversary celebration in the fall with a champagne brunch slated for Saturday, September 21 at the Bannatyne Campus. Interested alumni are asked to contact the School of Dental Hygiene office to reserve their ticket or for more information.

THE UNIVERSITY OF MANITOBA DENTAL ALUMNI ASSOCIATION IN PARTNERSHIP WITH THE UNIVERSITY OF MANITOBA SCHOOL OF DENTAL HYGIENE ALUMNI ASSOCIATION INVITES YOU TO ATTEND OUR ANNUAL CELEBRATION OF ALUMNI AND RELATIONSHIPS.

The 2013 Alumni of Distinction Dinner & Dance

SEATING IS LIMITED SO RESERVE YOUR TICKETS TODAY!

FRIDAY, SEPTEMBER 20, 2013
FORT GARRY HOTEL
PROVENCHER BALLROOM • COCKTAILS: 6pm • DINNER 7pm

TICKETS: \$125^{EA}
FOR MORE INFORMATION OR TO RESERVE TICKETS:
CALL: 204.789.3249
EMAIL: K.OLIVER@UMANITOBA.CA
OR DENT_EVENTS@UMANITOBA.CA

1970's, 1980's, 1990's, early 2000's— The Manitoba Dental Hygienists Association continually lobbies for dental hygiene legislation to open up access to oral health care by RDHs.

2008— The first CDHM Annual General Meeting is held and the first Council is elected.

2008— The first Continuing Competency and Complaints Committees are Established.

2010— The first Continuing Competency Program Coordinator, Sheryl Slosower, the first newsletter editor, Tara Kinchen, and the first Extended Practice Coordinator, Mickey Wener begin work on behalf of the CDHM.

Manitoba Dental Hygienists Association Update

As part of MDHA's strategic planning initiatives for the 2012-2013 year, we now have an official office space for MDHA. As many of you may know, as of February 2013, MDHA has a new home located at Unit 200E 1215 Henderson Highway! We have since employed a wonderful administrative assistant, Amanda, who is available to help with any questions or concerns and/or direct them to the appropriate venues. Her hours are Mondays, Thursdays 5pm-8pm and Wednesdays 9am-1pm. We would like to welcome any MDHA members or non members to stop by and have a look at our new office and meet our lovely admin assistant! She can also be reached at 1.204.981.7327 if anyone is looking for more information.

The MDHA is working hard to bring its members interesting, informative and fun professional development options. For the remainder of the 2013 year, the following PD courses are available:

September 17, 2013- MDHA Lecture Series, Clinical Presentations of Oral Squamous Cell Carcinoma Oral Pathology presented by Dr. John Perry. This lecture will be held at the Faculty of Dentistry, Schwartz Theatre 7:00 pm- 9:00 pm

November 4, 2013- MDHA Lecture Series, Dysphagia and Oral Health: Common Concerns in Long-Term Care. Presented by Kelly Tye Vallis, M.S. SLP. This lecture will be held at the Faculty of Dentistry, Schwartz Theatre 7:00 pm- 9:00 pm

November 23, 2013- In Collaboration with the Manitoba Dental Assistants Association, "50 Shades of... Women's Sexuality and Aging" presented by Lois Glover RN, BN, NCMP. This will be held at the Cabot Centre, 1055 Wilkes avenue, Winnipeg. Registration is at 9:00 am and the lecture will be held at 10:00am- 12:00pm. Pre-registration required. Deadline is November 1, 2013.

January 24, 2014- Annual Mid-Winter Convention- CSI Winnipeg: Investigating High Profile Cases. Presented by Dr David Sweet O.C. DMD, PhD., DABFO, FICD, FACD

The MDHA also has plenty more professional development options for the 2014 year, which will be highlighted on the MDHA website. If you have any questions or would like additional information please contact mdha@info.ca

As always, MDHA welcomes its members to be actively involved in our association. We are currently looking for members who would like to volunteer their time - big or small- on our board, chairing a committee, or at any one of our oral health related events throughout the year. Please contact MDHA if you are interested in volunteering. We hope to hear from you!

Sincerely,

Stephanie

Stephanie Champagne, RDH
President, MDHA



Top 5 Reasons to Join the

Manitoba Dental Hygienists Association



Find out more!
www.mdha.ca
email: info@mdha.ca
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- 1. Reduced Fees on CE courses**
- 2. Professional Updates & Communications**
- 3. Membership has it's Benefits***
- 4. Stay Connected with Alumni**
- 5. Give back to your Profession & Community**

*Members have access to a comprehensive insurance program, designed specifically for hygienists, plus our growing partner discount with savings on technology, uniforms, personal & auto insurance and much more!

UMSDHAA New Continuing Education Event set for April 12, 2014

Save the date! UMSDHAA professional development will be held April 12, 2014 and will feature Professor Arthur Schafer, Director of the Centre for Professional and Applied Ethics at the University of Manitoba and Ms. Jackie Collins, legal counsel for the College of Dental Hygienists of Manitoba.

Professor Schafer is a noted guest speaker for a number of local media outlets commenting on the various ethical aspects of health care in Canada.

“This is a growing area within the practice of oral health, not just here in Manitoba, but all across Canada” notes Cindy Isaak-Ploegman, UMSDHAA executive committee.

Like dentistry, dental hygiene is not immune to the threat of legal and ethical issues that can appear from time to time in practice. The issue becomes one of even greater concern for practitioners, especially in light of the increased scope of practice that is available to those in the profession today.

Ms. Collins will address legal issues from 11:00-12:00; lunch with guest speakers from 12:00-1:30 and Professor Schafer will present from 1:30-2:30.

The cost is \$25 for UMSDHAA members and \$65 for non-members. Those looking for more information or to register for either the session or to sign on with the UMSDHAA are invited to get in touch with Cindy Isaak-Ploegman or Marcia Rushka, at UMSDHAA@outlook.com.



Are you moving??

Change of Address Notification
 It is imperative that registrants of the College of Dental Hygienists of Manitoba (CDHM) ensure that their mailing address is always current. Incorrect or out of date addresses can lead to missed mailings which may include important notices and documents. Address changes must be submitted in writing, fax or by email **within 30 days of changes** as per by-law 2.1 and must include the following information:

Name (in full)	CDHM Reg. Number
Old Address	
New Address	Home Phone Email
Effective Date	Signature

Registrants are welcome to copy or cut out this address change card and use it to submit an address change. Please contact the CDHM if you require further information.

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 Monday-Thursday, 9:00am-4:00pm