

#### COLLEGE OF DENTAL HYGIENISTS OF MANITOBA

Ensuring the public has access to safe, competent dental hygiene care and expertise that contributes to improved oral and overall health.

Issue 13 June 2013

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OFFICE HOURS AND LOCATION

### **Two CDHM Council Positions Now Available**



The CDHM is extending a Call for Nominations for two (2) Registered Dental Hygienists who are interested in serving on the CDHM Council for a three (3) year term (2013-2016) as indicated in the CDHM By-Laws VI. The election to fill the Council vacancies will occur at the 6th Annual General Meeting (AGM) planned for October 19, 2013.

Nomination and Biography Forms are available on our website at www.cdhm.info.

Completed forms can be mailed, faxed or emailed and must be received by midnight on Friday, July 26, 2013.

# Congratulations to the University of Manitoba School of Dental Hygiene Class of 2013!





### Registrar's Report

We Are Alike, But Different

The College of Dental Hygienists of Manitoba (CDHM) periodically receives calls or emails from registrants and the public with inquiries that are related to the "Association". On occasion, there is confusion as to the differing roles of the regulatory body (the CDHM) and the association, the Manitoba Dental Hygienists Association (MDHA). Prior to 2008, the profession of dental hygiene was regulated by the Manitoba Dental Association (MDA) and during this timeframe the MDHA was the association for the profession of dental hygiene, while dentistry and dental assisting were regulated by the MDA. Therefore, at that time, the profession was not considered to be self-regulated. Through tremendous tenacity and perseverance of a few passionate dental hygienists in Manitoba, and with the support of the MDHA and the Canadian Dental Hygienists Association (CDHA), the profession of dental hygiene received self-regulation status in 2008. Thus the creation of the CDHM was achieved. A regulatory body's main purpose is to advocate on behalf of the public's interest while an association's main purpose is to advocate on behalf of its members, or be known as the 'voice' of the profession.

#### **UPCOMING MEETINGS**

REGULATED HEALTH PROFESSIONS ACT MEETING:

**NOVEMBER 13, 2013** 

ORAL HEALTH
ORGANIZATIONS
WORKING GROUP:
SEPTEMBER 11, 2013

FLUORIDE STRATEGY MEETING:

OCTOBER 9, 2013

#### Some other important differences include:

#### Regulatory Bodies:

- Public members are part of the decision making process
- Registration is mandatory to practice
- Develops regulations and guidelines for practice
- Enforces standards of practice and conduct and monitors quality assurance

#### **Associations:**

- Concerned with the professional profile
- Membership may be voluntary
- Addresses employment concerns of members
- Provides professional development programs
- Lobbies government on behalf of its members

That being said, regulatory bodies and associations do have many commonalities and goals that they strive to reach, sometimes by working together and sometimes be working apart.

#### Some important commonalities include:

- Wanting what is best for the profession
- Commitment to working with the public and other health care professionals to improve the health of the public
- Dedication to patients and the profession

I know that by all of us working together, we can make a difference in the profession of dental hygiene in Manitoba!

Please join us in celebrating the  $5^{\text{th}}$  year anniversary of the CDHM at the 2013 CDHM AGM on October 19, 2013!

Sincerely,
Stephanie
Stephanie Gordon BA, RDH
CDHM Registrar/Executive Director



### Chair's Message

I would like to begin by taking this opportunity to congratulate the 2013 graduating class of the University of Manitoba, School of Dental Hygiene and welcome them to the profession.

No doubt by now, you have celebrated this accomplishment with your classmates, instructors, family and friends. Your dream is now reality as you step on to the threshold as a licensed dental health professional – a key player in the delivery of a most essential service to the public. The College celebrates with you and we look forward to developing a relationship with you as you launch into your career.

At this time, the College invites not only our **newest** registrants, but **all** of our registrants to consider becoming involved with the College in some capacity. There are a multitude of committees and positions which are in need of both manpower and fresh perspectives. It is also an excellent opportunity to use these volunteer activities to obtain the annual Professional Activity Record (PAR) as part of your Continuing Competency Program requirements.

#### **UPCOMING MEETINGS**

#### **COUNCIL:**

AUGUST 21, 2013 NOVEMBER 25, 2013

# ANNUAL GENERAL MEETING:

OCTOBER 19, 2013

Nominations will soon be accepted from registered dental hygienists who are interested in two, three year Council terms, which are coming available at the October Annual General Meeting. If perhaps you would like to "try out the waters" on Council, a one year appointment to a position on Council is also becoming available at the end of September. I appeal particularly to our rural registrants, as the College has been lacking representation from this most important component of our population. Your voice is essential as we make the effort to balance representation on Council from all areas of the province. Please contact us at the College office for eligibility for Council positions.

In our efforts to promote on-going effective communication, the College has been meeting annually with the Manitoba Dental Hygienists Association. Representatives from the MDHA and the College enjoyed attending a workshop, facilitated by Mickey Wener, which helped guide us toward the goal to better understand one another's perspective and develop strategies on working towards common or overlapping issues. We thank Mickey for the skills she brings to the table and look forward to working further with her in the future. Council is always in the process of investigating opportunities for board member education. We are fortunate to have very amicable relations with other health disciplines who have assisted and supported us in making the best possible decisions. I thank all of our Council and staff for their time and participation.

And lastly, on behalf of the College, I would like to extend an invitation to the Celebration of the 5th Anniversary of Dental Hygiene as a Self-Regulated Profession. A casual reception is being planned at the conclusion of the 2013 Annual General Meeting on October 19th. Please plan to stay and celebrate this milestone with your colleagues!

Sincerely,
Patti
Patti Hawthorn RDH
CDHM Council Chair



# **Continuing Competency Program (CCP) Update**

Sheryl Sloshower, Continuing Competency Program Coordinator

I would like to take this opportunity to thank all of you who have submitted your CCP requirements in a timely fashion. It is evident that many of you have put forth a lot of thought, time and effort into your specific targeted learning and ongoing commitment to giving back to the profession. This is extremely encouraging to both the College and you, the registrant.



Unfortunately, there have been issues concerning upholding the CCP regulations, specifically, late and inadequate submissions. As self-regulating professionals we are expected to be responsible and accountable in some of the following ways:

#### Responsibility

- Assure that our professional responsibility to the client prevails
- Apply the CDHM Dental Hygiene Competencies and Standards of Practice, CDHA Code of Ethics, and CDHM Regulations and Bylaws to our dental hygiene practice
- Maintain and improve our level of competence through the continuous acquisition of knowledge, skills and judgment

#### **Accountability**

- It is the dental hygienists' obligation to accept responsibility for their professional knowledge, skills, attitudes and judgment
- Be accountable for their actions
- Accountability includes self-evaluation, compliance with legislation, standards and codes

When one is assessed it is the dental hygienist's responsibility to adhere to the CCP deadlines, which are all outlined on pages 7-9 of the CCP Package. Failure to do so has several different consequences and one must be held accountable for one's actions. Both the CCP documents and the late fees must be received by these deadlines. Furthermore, failure to comply will result in additional fines and/or disciplinary action. It is important to note, the College may grant extensions when extenuating circumstances occur. However, the request must be in writing and received <u>prior</u> to the April 30<sup>th</sup> CCP deadline.

#### To the 2013 Grads

I would like to welcome you to the profession and extend my help to you in anyway that I can. Do not hesitate to contact me. Remember that lifelong learning is a continuous and supportive process, which stimulates and empowers you to acquire knowledge, skills and values spanning a lifetime. The aspiration of the CDHM is that the CCP will support you in your lifelong journey to educate yourselves and apply your learning with confidence, creativity and enjoyment in all roles, circumstances and environments.

Hopefully, summer is upon us and we can enjoy the sunshine!

Sincerely,
Sheryl
Sheryl Sloshower RDH BSc(DH)
CDHM Continuing Competency Coordinator

<sup>&</sup>lt;sup>1</sup>Commission for a Nation of Lifelong Learning.

### **Extended Practice Update**

Mickey Wener, Extended Practice Coordinator

Collaborative, interprofessional practice is one of the cornerstones of providing the best possible care for our clients. This includes a good working relationship with our dental and other health professional colleagues. It is important to be aware of the 'rules and regulations' around practice and to <u>openly discuss</u> them with your employer. The following information is an excerpt from a resource document that is being updated for posting on the CDHM website.



#### The Registered Dental Hygienist (before 3000 hours of practice)

The Regulations state that RDHs with less than 3000 practice hours are to be supervised by a dentist. Supervision can be either direct or indirect. The degree to which either direct or indirect supervision is used is jointly determined and agreed upon between the RDH and the employing dentist. Key factors to be taken into consideration are the experience of the dental hygienist and public safety.

<u>Direct</u>: the supervising dentist is physically present when the RDH is providing clinical care that includes scaling, root planing, debridement, or oral anaesthetics.

<u>Indirect</u>: the supervising dentist is not physically present, but oversees the RDH's provision of clinical care that includes scaling, root planing, debridement, or oral anaesthetics.

It is the RDH's professional responsibility to ensure that when working under indirect supervision that the public's interests are central. When indirectly supervised, a written agreement with the employer must state who is responsible for providing supervision, either the employing dentist or an alternative dentist.

#### The Registered Dental Hygienist - Extended Practice (after 3000 hours of practice)

Once 3000 career hours of practice have been reached, the RDH is eligible to apply to be placed on the Extended Practice Roster. The RDH-EP is able to provide the specific clinical services of scaling, root planing, debridement, and oral anaesthetic without the supervision of a dentist in all approved settings and programs. According to the Regulations, the RDH-EP is also responsible for consulting the appropriate professional for medical or oral health conditions, or drugs or combination of drugs that may affect the appropriateness, efficacy or safety of the procedure.

#### Approved Practice Settings and Programs

According to the Regulations, the specific clinical skills of scaling, root planing, debridement, and oral anaesthetic must be provided in one of these settings:

- A dentist's office or another setting approved by the patient's dentist (includes any other location such as the client's home)
- A 'facility'
  - oA hospital as designated by the Hospitals Designation Regulation
  - OA personal care home as designed by the Personal Care homes Designation Regulation
  - OA psychiatric facility as designed by the Facilities Designation Regulation
  - OAnother facility as approved by the Minister of Health as a result of a special request
- An 'oral health program'
  - oAn oral health program established or operated by the Government of Manitoba or Canada, a municipality, a regional health authority, or the University of Manitoba
  - OAnother program approved by the Minister of Health as a result of a special request
- •'Facilities' and 'oral health programs' may or may not have an affiliated dentist.

Orthodontic and restorative procedures must be performed collaboratively with a dentist.

It is important to note that all other dental hygiene services have no setting, program or supervision requirements, including: assessment and evaluation procedures, oral health education and promotion, using oral therapeutic agents (anticariogenic agents, desensitizing agents, periodontal chemotherapeutic agents, or any other category of oral therapeutic agents approved by the CDHM Council), and applying dental sealants where after an assessment of the tooth, the dental hygienist determines that there is no obvious sign of decay.

Continued on page 10.....

### Regulated Health Professions Working Group Update

Betty Ann Zegarac and Mickey Emmons Wener, CDHM RHPA Working Group Co-Chairs

The Regulated Health Professions Act (RHPA) governs 22 major health professions in Manitoba. It places the CDHM in a peer position with others such as doctors, nurses, and dentists in terms of managing their professional affairs. All the disciplines are busy preparing to represent their college in meetings with Manitoba Health regarding the regulations that will be specific to each profession. Preparing the documents and background work is one of the tasks of the CDHM RHPA working group that reports to Council, co-chaired by Mickey Wener & Betty Ann Zegarac. This process requires a significant amount of work and will require financial support. In



order to prepare for the process the Council is considering various ways to save so that some, if not all of the costs will be offset by planned savings. To date the RHPA Working Group has been operating with volunteer work. Highlighted below are some of the tasks undertaken by the CDHM RHPA working group and it's subcommittees in preparation to join the Regulated Health Professions Act:

- Most recently a proposed timeline of identified tasks was developed with a goal for completion May 2014. The timeline
  is tentative until specific direction to CDHM is received from Manitoba Health.
- Members have been found for all sub-committees.
- A draft Scope of Practice Statement was completed and approved in principle by Council. It was also compared to a similar document for the Audiology and Speech Language College (CASLPM).
- Reserved Acts, that is, those clinical processes used by dental hygiene, are being defined. There is a need for:
  - 1) an introductory paper that describes dental hygiene practice
  - 2) a single writer to develop a cohesive document
  - 3) a list of action items
- The Registration Categories and Practice Hours subcommittee is in the process of collating information and action items.
- The National Scan subcommittee gathers information from across the country to compare and contrast with Manitoba practices and regulations.
- A glossary to clarify the professional terms used by CDHM will be developed.
- On-going communication with the School of Dental Hygiene will be important regarding the School's role in supporting legislative change and implications for entry to practice requirements and professional education standards.
- The Professional Conduct subcommittee reviewed CDHO (Ontario) documents for background and identified action items.
- A draft budget was outlined for submission to Council.

It is the hope of the RHPA Working Group that our newsletter notes will help to keep you up-to-date on the progress being made. If you have questions, or suggestions please contact either one of the Working Group Co-Chairs: Betty Ann Zegarac baz@mts.net and Mickey Wener mewener@shaw.ca.

Sincerely,

Betty Ann and Mickey
Betty Ann Zegarac, BN,MAdEd
Mickey Emmons Wener, RDH, MEd
CDHM RHPA Working Group Co-Chairs





### The Assurances of Self-Regulation

Donna Dowie, Administrative Assistant to the Registrar

When I first joined the College of Dental Hygienists of Manitoba (CDHM), I kept hearing phrases such as the dental hygienists are "self-regulated" and the College of Dental Hygienists is a "regulatory body". Being new to this professional world of oral health care, I asked what the meaning to this word "regulatory" was when it described the college and its members. I was told that the CDHM is the governing body that oversees the profession of dental hygiene by adhering to the *Dental Hygienists* Act of Manitoba. I accepted this explanation with the understanding that the CDHM was the law and that the membership must follow the Act to be practising or non-practising in this province. I did not actually appreciate the true meaning behind that statement until I attended a presentation called "Do

We Take Self-Regulation for Granted?" by Deanna Williams B.Sc. PHm, CAE, C.Dir. As I listened to Ms. Williams during her presentation of what the true meaning of being a regulatory body was, it made me realize just how important the CDHM is to the public and our membership. This being said, I will briefly explain in my own words, why no one, membership or the public, should take self—regulation for granted.

Self—regulation is a privilege which only truly exists in Canada. The model is admired worldwide and is sought by many in the health care sector. License fees must be collected to ensure legislative and governing mandates are met; this is why licensing fees tend to increase. Such as grocery items in a supermarket, costs are controlled by supply and demand and other economic variables, this is no different than operating an effective regulatory body. When a Regulator is appointed, it is his/her responsibility to set high standards and hold individuals accountable for their actions; this is not an easy undertaking to accomplish and is sometimes costly to manage.

Within the realm of human nature there is deceit, deception and fraud. How does one know when a simple error in judgment is made or someone is maltreating the public? This is where the Regulator receives, investigates and settles all complaints big or small. Decisions must be consistent and the Regulator has to act only in the public interest. Self-Regulation means that we hold members accountable and discipline is carried out by a panel of peers and public members. However, this also means that the Regulator is held accountable as well; it is his/her reputation on the line at all times.

To enable confidence with the members, while ensuring credibility with the public, and balancing the "needs" versus the "wants", is a critical commission of a regulatory body. Implementation of rational, clear and unbiased practices with our membership is what the CDHM strives to do; the CDHM does not want to lose sight of why we exist. The membership must follow the By-laws, meet deadlines and question processes when uncertain. This realization cannot be achieved by the "us" versus "them" mentality but by realizing that we are protecting your family, friends and especially your children who cannot voice concerns on their own. With that being said, wouldn't you want your loved ones to be cared for with the highest standards and governance? That to me, is the real meaning of being self-regulated in Manitoba.

Sincerely,

Donna Dowie

Donna Dowie, Dip HR Mgmt

Administrative Assistant to the Registrar



### **Community Service Earns Accolade**

#### Dental hygienist's commitment to underserved results in 2013 alumni honour

A long-time practitioner in community oral health has been named the recipient of the 2013 Alumni of Distinction award from the School of Dental Hygiene at the University of Manitoba.

Ms. Pattie Moore of the Class of 1971 has spent a career dedicated to community oral health and public service and, because of these efforts, has been selected for one of highest accolades in Manitoba oral health.

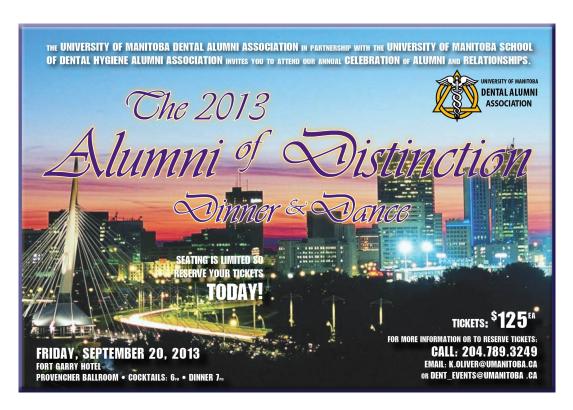
"This kind of dedication speaks volumes and really sets a great example for those who will soon become members of our profession," said Dr. Joanna Asadoorian, Director of the School of Dental Hygiene located on the Bannatyne Campus of the university. "Dental hygiene is far more than just cleaning teeth; it's about a long-term commitment to promoting health for the public we serve."

This year's recipient has spent over 30 years in the field as a full-time public health dental hygienist with the City of Winnipeg Health Department and the Winnipeg Regional Health Authority. In that capacity, she has worked on many first-of-its-kind outreach initiatives, including the Machray School Project that reduced decay in at-risk, inner-city children from 90% to under 10%. Ms. Moore has also worked as a speaker and researcher on oral health care for disadvantaged communities.

"Patti's career is an excellent example of the impact that a dental hygienist can have on a community," said Cindy Isaak-Ploegman, president of the University of Manitoba School of Dental Hygiene Alumni Association. "It goes beyond the operatory and the clinic and reaches into the lives of those who are in need of help."

Ms. Moore will be formally presented with the award at the Faculty's annual Alumni of Distinction Awards Banquet and Celebration, September 20 at the Fort Garry Hotel in Winnipeg. A co-production of the Faculty of Dentistry and School of Dental Hygiene and their respective alumni associations, the annual autumn event is a salute to oral health excellence in Manitoba.





### **Let's Get the Party Started**

Champagne Brunch for School of Dental Hygiene Alumni Confirmed for September 21

Calling all alumni of the School of Dental Hygiene at the University of Manitoba — Save the Date!

On Saturday, September 21, the School of Dental Hygiene has confirmed it will be hosting a champagne brunch in celebration of their 50-year anniversary at the Bannatyne Campus. As expected, the event will be held as part of Alumni of Distinction weekend with the awards banquet being held at the Fort Garry Hotel the previous night.

"We hope to welcome back our alumni of the School of Dental Hygiene to join us at what we anticipate to be a marvelous event," school director, Dr. Joanna Asadoorian said.

Starting at 11 am the morning of September 21, alumni and friends of the School of Dental Hygiene will be welcomed to the Brodie Centre on the Bannatyne Campus for a Champagne Brunch to commemorate the golden anniversary year of the school within the University of Manitoba.

A host of special guests and VIP's are expected to be on hand to join in the celebration of the creation of the School of Dental Hygiene five decades ago. However, as is always the case, the emphasis will be on alumni of the school who will be welcomed back for an afternoon of fellowship and camaraderie.

"One of the best things about School of Dental Hygiene graduates is how much they enjoy the company of their former classmates and the many friends they made through their time here," Dr. Asadoorian said. "School of Dental Hygiene class reunions are always very special occasions for our alumni. We are looking to make this the greatest reunion of them all."

The school will soon be releasing a limited number of complementary tickets for the brunch. Those interested in attending are invited to contact the School of Dental Hygiene via email at: dent\_hygiene@umanitoba.ca. To reserve by phone, call the school office at 204.789.3683.

Tickets will be made available for this alumni-only event on a first-come, first-served basis.

The event will run in conjunction with the Alumni of Distinction Weekend, headlined by the Alumni of Distinction Dinner and Dance that will be held the night before at the Fort Garry Hotel. Tickets for that event are also now available by contacting the Dean's Office at the Faculty of Dentistry.



### **Extended Practice Update Continued.....**

For dental hygienists employed in dentist-owned practices, how the dental hygienist's assessments and the dentist's examinations are handled would be an issue to be discussed and decided up on between the dentist and the RDH. This collaborative approach would also apply to office policy surrounding the taking of radiographs when the RDH is working without a dentist on site. Note that there is no legislated requirement to have a dentist see a patient or provide an exam prior, during or following care being provided by an Extended Practice RDH in any setting or program.

Please address any questions you may have to me at mewener@shaw.ca or to Stephanie Gordon at registrar@cdhm.info.

Sincerely,

Mickey

Mickey Emmons Wener, RDH, MEd

### **Celebrations from the Dental Hygiene Community**





Congratulations to Andrea Fruehm on the birth of her beautiful baby boy!

He sure was a hit with the Council and staff at the College.



Pictured from left to right: Chelsea Hagen,
Dean Iacopino, and Deanna MacKay, RDH
Chelsea is the winner of the School of Dental
Hygiene Medal in Dental Hygiene, the
Manitoba Dental Association Gold Medal and
the Hu-Friedy Golden Scaler award.
Congratulations Chelsea on your
accomplishments and welcome to the
profession!

## **CDHM Complaints Committee Update**

To date there are no new concerns or issues to report as Chair of the CDHM Complaints Committee. For questions regarding the process in which complaints are addressed at the CDHM please consult the following link: <a href="http://www.cdhm.info/aboutcdhm/complaints-and-compliments/">http://www.cdhm.info/aboutcdhm/complaints-and-compliments/</a>

Sincerely, Cindy

Cindy Isaak-Ploegman, RDH, BA, MEd On behalf of the Complaints Committee

### Manitoba Dental Hygienists Association Update



#### THANK YOU!

Thank you to all of the members who attended the Annual General Meeting on Saturday June 8, 2013. It was nice to see so many members bright and early on such a beautiful Saturday Morning. As the profession of Dental Hygiene continues to evolve, the MDHA will continue to work hard as your professional association and will strive to fulfill your needs. The MDHA is YOU and without YOU, there is no Association. We need all the help and support we can get to be a strong association with a strong voice working for our members. If you would like to be involved with the MDHA in any way, shape or form please email <a href="info@mdha.ca">info@mdha.ca</a>. If you are ready to take an active role in your Association, we would be more than happy to have you on Board

#### PROFESSIONAL OPPORTUNITIES - MDHA Executive Director

The MDHA is looking for an energetic, motivated and organized person to serve our organization as Executive Director. The individual would preferably have previous experience working in a non-profit organization. The executive director should demonstrate ability in public speaking, written and oral communication and interpersonal relations. Also needed is a high level of energy, motivation, persistence and a positive attitude.

The duties would include administrative tasks and working with the volunteers and the Board of Directors. Also required is to maintain the mission and objectives of the association in a consistent and timely manner. The executive director would need to ensure quality delivery and evaluation of membership services offered, continuing education programs delivered and public outreach participation.

If you are interested in this position and for more information please contact the MDHA at <a href="mailto:mdha@info.ca">mdha@info.ca</a> or call 981-7327.

Sincerely,
Shawna
Shawna McGregor, RDH
Past President, MDHA



### Top 5 Reasons to Join the



Find out more! www.mdha.ca email: info@mdha.ca www.cdha.ca

# **Manitoba Dental Hygienists Association**

- 1. Reduced Fees on CE courses
- 2. Professional Updates & Communications
- 3. Membership has it's Benefits\*
- 4. Stay Connected with Alumni
- 5. Give back to your Profession & Community

\*Members have access to a comprehensive insurance program, designed specifically for hygienists, plus our growing partner discount with savings on technology, uniforms, personal & auto insurance and much more!

### **Dental Hygienists Working Together**

Saving Lives during the MDHA Blood Donor Challenge



Congratulations to the Manitoba
Dental Hygienists Association for
another successful community
outreach initiative.

Pictured from left to right: Stephanie Gordon, CDHM Registrar, Executive Director and Bill Coleman, Director, Donor & Clinic Services, Prairie Region, Canadian Blood Services



# Are you moving??

#### Change of Address Notification

It is imperative that registrants of the College of Dental Hygienists of Manitoba (CDHM) ensure that their mailing address is always current. Incorrect or out of date addresses can lead to missed mailings which may include important notices and documents. Address changes must be submitted in writing, fax or by email <u>within 30 days of changes</u> as per by-law 2.1 and must include the following information:

Name (in full)		CDHM Reg. Number	
Old Address			
New Address	Home Phone	Email	

Effective Date Signature

Registrants are welcome to copy or cut out this address change card and use it to submit an address change. Please contact the CDHM if you require further information.

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