



CDHM NEWS SHORT



MARK YOUR CALENDAR

- Next Council Meeting: **January 11th and 12th, 2024**
- Local Anaesthetic Certification U of M: **April 12th, 2024**
- Continuing Competency Deadline: **April 30th, 2024**

Reminder

Registration Renewal Deadline is **January 7th, 2024.**
Renew Today!



Left: CDHM attends the CDHA 2023 Summit. From the Left: Lucie Boutet, Joan Pelletier, Kathleen Reid, Corinne Latozke, Valerie Olivier



Right: CDHM Deputy Registrar welcomes attendees to the CDHA Summit.

GREETINGS FROM COUNCIL

As I endeavor to write a succinct article on the activities and accomplishments of Council, I am rewarded by a robust list. I will begin with our AGM, held on October 4th. Thank you to those who attended. I wish to also extend a warm welcome to Harriet Rosenbaum, RDH, to Council.

This Fall, the CDHA Summit was held in Winnipeg. Congratulations to the CDHA for holding a successful Summit that included a well-rounded roster of excellent speakers that spoke to Diversity, Equity & Inclusion. One of the highlights was a tour of our very own Museum of Human Rights.

The Council has been working on re-vamping and updating the Council Policy Manual in its entirety. Very good progress has been made and a significant milestone was reached when Council approved the new & improved manual at its November meeting. There are a few policies that require more revision; these will be completed and ready for Council approval at the January meeting. We also continue to seek guidance from a Governance Coach, who is helping with Agenda Development and Registrar Evaluation.

The Council continues to learn more about its role vis a vis Linkage. Previously, this Council task was referred to 'as ownership linkage.' Upon reflection, the Council felt that the term 'ownership' was not relevant and that 'linkage' in and of itself described more accurately the work of Council in this area.

It is a fundamental aspect of good Governance for a Council to be in touch (link) with the people (Manitobans) on whose behalf it serves.

As a result, our Agendas will evolve to include more linkage work, looking to the future and considering the needs of all Manitobans. To facilitate the Council's linkage work it was decided that the Linkage Committee would have a liaison that reported to Council, rather than a Linkage committee chair. Because linkage is the Council's job as a whole, the creation of a liaison will facilitate communication between the committee and the Council itself. The Linkage Committee, therefore, will be an adjunctive committee that assists the Council with its Linkage workplan.

Council has taken an active approach to Equity, Diversity, and Inclusion, first by sending Council members to the CDHA Summit, and also through education platforms such as the Manitoba Indigenous Cultural Sensitivity Training (MICST). At our upcoming meeting in January, Council will welcome two guests who will guide us through the process of developing a land acknowledgement for the CDHM. We look forward to sharing our new land acknowledgement once it is complete.

Wishing everyone a Happy, Peaceful and Relaxing Holiday Season.

Respectfully Submitted
Kathleen Reid
 Council Chair, CDHM

COUNCIL MEETING HIGHLIGHTS

MONDAY NOVEMBER 20TH 2023
8:30 AM - 4:30 PM

- The Council decided to continue to focus their Linkage activity on seniors aging in place (in communities), in the Interlake Regional Health area. Information will be collected in an attempt to identify barriers to access to oral health care.
- Registrar/ED, Arlynn Brodie presented an Environmental Scan outlining regulatory trends nationally and provincially.
- Deputy Registrar, Valerie Olivier provided a summary of information acquired from the October CNAR conference.
- The Council reviewed a number of policies requiring further definition from the new Council Policy Manual.
- Arlynn Brodie presented a Briefing Note requesting a change in the bylaw requiring notarization for registrant name changes.
- Jackie Collins, lawyer, reviewed the legal obligations of CDHM Council members, as required by the Dental Hygienists Act and By-laws.
- Arlynn Brodie reviewed her monitoring reports, outlining the changes in format.
- Valerie Olivier reviewed the updated the Guideline for Clients with Pacemakers.
- The Executive reported that there will be a By-Law Ad Hoc committee struck, to review and update the By-laws.

Submitted by:
Arlynn Brodie
Registrar/Executive Director

Did you know...

Dentists in Manitoba are now approved to provide Botox/Neuromodulator therapy for patients. While providing this therapy is not in Dental Hygiene scope of practice, being aware of treatment options and being able to provide patients with information is an important part of the collaborative process of oral health care. *Competency #10 Implementation: provides information regarding dental treatment (e.g., dental implants, prosthodontics, orthodontics, restorative, endodontics, etc.).*

The University of Manitoba, CPD course, “Neuromodulator Use in Dentistry – Pre-Operative Considerations for the Dental Team” has been pre-approved for Continuing Competency hours. Other courses can be submitted for review by completing a [CCP Pre-Approval Request Form](#) – and emailing it to cdhm@cdhm.info





ALL THINGS REGULATORY

Welcome to Winter!

December is here, one of the busiest months in the calendar. We are all busy meeting deadlines imposed by the short month and preparing for festivities with family and friends over the holiday season.

December is also a busy month for regulation and CDHM. While our 'call to transition' to the Regulated Health Professions Act (RHPA) has not yet occurred, CDHM is actively pursuing other opportunities for dental hygienists in the province and continues to support the profession both provincially and nationally.

- As previously announced, the Ministry of Health has granted access to dental hygienists to provide treatment for First Nation communities of the Dakota Ojibway Tribal Council (DOTC). On Oct 26th registrants were invited to an online information session presented by Doretta Harris and Faye Tardif from WRHA. Alyson Candline, RDH, also explained how COHI has clinic operatories that are, or will be, ready for dental hygienists to work. *The CDHM has created a list of interested DHs who will be mentored into the communities in the new year by the communities themselves, CDHM and DHs working with the COHI program. If you are interested in learning more about this opportunity, contact the College office.*

- CDHM is anticipating a response from a letter sent to the Minister of Health in July 2023 requesting the designation of the Southeast Resource Development Council (SRDC) as an 'oral health program', thereby, granting access to First Nation Communities of that region.
- As a board member of the Manitoba Alliance of Health Regulators (MAHRC), we completed a strategic plan that will serve the health regulators in the province as we navigate ongoing regulatory changes in provincial health regulation.
- As a representative of the Federation of the Dental Hygiene Regulators (FDHRC) I continue to serve on the Dental Hygiene Accreditation committee and have provided stakeholder consultation on the Federal Dental Program.
- *NEW for 2024 will be a Module designed for registrants on Indigenous Cultural Safety, Humility & Communication. This Module will be informed by a focus group of CDHM registrants who have self-identified as Indigenous and will be available in June 2024. The Module will be accessed through your CDHM profile page and will be a requirement for 2025 registration renewal.*

I hope the Registration Renewal process has been, or will be, straightforward and problem free for you this year. The CDHM has made several significant changes to the process to simplify Renewal for you and the Board of Assessors, who will approve all the renewal applications by the **NEW** January 7th, 2024 deadline.

Season's Greetings and Best Wishes for a Wonderful New Year!

Submitted by:
Arlynn Brodie
Registrar/Executive Director



FROM THE DESK OF THE DEPUTY REGISTRAR

A Reflection - CDHA Summit 2023

"In order to empathize with someone's experience you must be willing to believe them as they see it, and not how you imagine their experience to be."

-Brene Brown

This Fall, Winnipeg, Manitoba was the host city for the CDHA 2023 Summit, welcoming many dental hygienists from across the country who attended both in person and virtually. The Summit objectives centered around Equity, Diversity and Inclusion (EDI) presented by engaging, knowledgeable speakers.

Each speaker shared their expertise and experience, building awareness around complex topics. For each of us, deepening our understanding of EDI requires not just training and learning, but thoughtful introspection, contemplation, and curiosity.

Here are a few take-aways:

- EDI training and education is a journey that begins with self-awareness.
- Anne-Marie Pham, CEO, Canadian Centre for Diversity and Inclusion, shared an image of the [Wheel of Power and Privilege](#) for contemplation, consideration, and self-reflection.
- Sara H, Program Coordinator, Safer Spaces, suggested a shift in thinking, from "being an ally" (noun) to "practicing allyship, consistently" (verb).
- Joy Void-Holmes, CEO/Founder, Dr Joy, RDH, talked about "[Project Implicit](#)" and how our often 'hidden' biases can impede our ability to assess others in a fair and accurate way.
- Jennifer David, Senior Consultant, NVision Insight Group Inc., also suggested a shift in thinking from achieving "Cultural Competency" to "Building Your Cultural Capacity".

Thanks goes to CDHA for showcasing the Summit in Winnipeg, and for bringing together such excellent speakers to provide guidance on this important topic.

Submitted by:
Valarie Olivier
Deputy Registrar



Did you know that providing an educational presentation on a dental hygiene topic is eligible 'Volunteerism' and can be used for up to 4 hours towards your annual Continuing Competency submission?

CDHM and MDHA teamed up with Manitoba RDHs to create 4 Oral Health Videos targeted to Manitoba Elementary School-aged children. The collaborative project was created based on results from a CDHM survey to educators, who identified a lack of resources and volunteers to help educate children about oral health.

We are very excited to share the 4 videos as a resource for both teachers and dental hygienist volunteers. The videos can be accessed on the MDHA website, under Resources - <https://mdha.ca/resources> - or here:

- [Dental Hygienist Visit](#)
- [Brushing](#)
- [Flossing](#)
- [Nutrition](#)

Review the CCP Guide here – [Continuing Competency Program Guide](#) – if you are interested in Volunteerism!





NEW! Federal Seniors Dental Benefit!

Applications to receive the benefit are set to open soon for seniors over the age of 87. **Appointments** to see an oral healthcare provider will be available in May 2024. Eligibility will expand through 2024 to include all qualifying seniors over the age of 65. Dental hygiene preventative services are included. In order to inform seniors of the benefit, letters will be mailed to eligible seniors and contact will be made with oral health practitioners to provide information on the Seniors Dental Benefit. For information visit the Health Canada website:

<https://www.canada.ca/en/health-canada/news/2023/12/the-canadian-dental-care-plan.html>



MDHA: MESSAGE FROM THE EXECUTIVE DIRECTOR

Although it doesn't necessarily look or feel like winter outside, the end of the year is upon us! The MDHA was thrilled to have Winnipeg as the host city of the CDHA Summit which took place in October at the Fort Garry Hotel. We had over 75 MDHA members register for the Summit and take in the learning opportunity that was so close to home.

Looking forward to the holidays, the MDHA is proud to be providing small gifts of support to individuals and families with loved ones in hospital. One dollar per member will be pooled to purchase \$5 Tim Hortons, Starbucks and Subway gift cards and made available to families currently at Health Sciences Centre. Additional funds have also been generously donated by members to increase our overall contribution.

The MDHA would like to wish you and yours and joyous and relaxing holiday season. We will see you all in 2024!

Lee Hurton
Executive Director
executivedirector@mdha.ca



Manitoba Dental
Hygienists Association

