



Mark your Calendar!

- CDHM/MDHA in person **Mix and Mingle - April 22, 2022 8am RBC Convention Center. This is a PAR event. [Click Here to Register!](#)**.
- **Virtual Panel Discussion** with health care providers to hear their perspectives on oral health care among our Seniors' population. **When: 7pm Wednesday April 27th, 2022 .This is a PAR event so registration will be required; stay tuned for further information!**
- CCP submissions deadline: **April 30th, 2022**
- Next Council Meeting **May 27th & 28th, 2022.**
- **Save the date: CDHM Virtual AGM Thursday October 20th, 2022 watch for updates**



- Your current CPR must be uploaded with the expiry date (only valid for 1yr)
- Make sure to update your place of employment
- Completed your extended hours? Don't wait, Apply Today!
- If you would like your registration certificate printed and mailed to you, contact us at cdhm@cdhm.info

Greetings to the Registrants of the College of Dental Hygienists of Manitoba from CDHM Council!

*Snow melts- birds sing- wonder if it really is spring.....
Bombs drop- the world in shock- hope this is but a dream.....*

I must be honest-

This Winter has been a challenging one; however, as Council Chair, working with the CDHM has offered up multiple opportunities to grow and to continue taking constant steps forward.

Receiving inspiration from the other Council members, and understanding our shared sense of responsibility with Arlynn and her staff, CDHM is on the move!

We are indeed fortunate to have leadership from all who contribute their talents for the betterment of our regulatory college

Thank you to all.
Carol Hiscock,
CDHM Council Chair



Message from the Registrar

Happy Spring!

CDHM is celebrating by creating opportunities for you to come together and network with your colleagues, either in person or virtually. We realize how difficult it has been for you to work amidst the continually changing COVID landscape, so it is time to have some fun!

The first event is the in person Mix & Mingle, taking place at the RBC Convention Center on April 22nd. A hot breakfast will be served at 8am followed by Greetings from the MDHA and CDHM. This will be followed up by a Jeopardy game with prizes for winning tables. The event is **Free** to all, but registration is required ([Click Here to Register!](#)) as this event qualifies as a PAR.

The next event is virtual and is taking place on April 27th at 7pm. The CDHM Council Ownership Linkage committee is organizing a panel event featuring healthcare providers/administrators working with seniors in long term care homes; the panel will also include a Manitoba RDH! This event is also **Free** and eligible as a PAR event. Watch your emails for registration and meeting details.

The work of the College is supported by volunteers and we need your help! If you would be interested in serving the CDHM on Council, or on an RHPA or Ownership Linkage committee, please contact the College for more information!

See you in April!

Arlynn Brodie

Registrar, Executive Director

From the Desk of the Deputy Registrar

Spring and the CCP deadline are just around the corner!

Some of you have already submitted your annual Continuing Competency (CCP) requirement – Thank You! - and some are working on it now. Based on your feedback we continue to make improvements to the CCP format and requirements. Please note some updates to the CCP forms/requirements, scheduled for the week of March 28, 2022.

If you have already submitted your CCP for this year, you DO NOT need to re-submit or make any changes to your submission.

Updates include:

- 'Practice Standards' section will be removed from the CCR
- Questions 3 & 4 will be removed from the CCR Evaluation and Reflection
- Abbreviated documentation requirements for CCR activities

There is an updated [Example of a Completed CCR](#) and the [CCP Rubric](#) has been revised to reflect these changes. The focus continues to highlight the need for RDHs, as primary oral healthcare providers, to rely on the best evidence to inform practice decisions that positively impact client care.

"Spring is when you feel like whistling, even with a shoe full of slush" -Doug Larson

Sincerely,
Valerie Olivier, RDH



Council Meeting Highlights

The Council met virtually from 9am-3pm on Friday Feb 26th & Sat Feb 27th, 2022.

On Friday the Council welcomed two speakers, CDHM's accountant Mark Jones, and CDHM's lawyer Jackie Collins. The presentations reviewed Council's fiduciary responsibilities, providing insightful perspective on regulatory leadership.

Council also created an ad hoc Governance Committee to review Council's current and future governance requirements.

On Saturday, Arlynn Brodie, Registrar/ED presented her reports and Environmental Scan. Valerie Oliver, Deputy Registrar followed up with a briefing note on the introduction of orofacial myofunctional therapy as accepted practice for dental hygienists in Manitoba.

Also on Saturday, the Ownership Linkage committee organized a very informative panel presentation, bringing together healthcare providers working for, and with, seniors living in long term care. The panel shared their experiences relating to the oral health of seniors in Manitoba.

Complaints and Record of Decision

The CDHM Complaints Committee is currently working on 3 active complaints. Another 3 complaint investigations are now complete. See the [Record of Decision](#) page on the CDHM website for more information.

Interesting and Fun Facts about Teeth



Annie Brown
MA and PhD Cand in
Archaeology
CDHM Registration and
Administration Assistant

Evidence shows that humans have been treating irritations of their teeth since the appearance of *Homo habilis* around 1.84 million years ago. The evidence of basic dentistry is limited to the treatment of irritations and infections through a technique archaeologists call 'tooth-picking'. Tooth-picking is the act of excavating out infected enamel or by inserting the pick between the tooth and gums to relieve discomfort and pressure. This was done by using a small toothpick, made of bone or a hardened piece of wood. Tooth-picking was a long-utilized technique and was even found among Neanderthals from the Middle Palaeolithic as far back as 160,000 BP (BP=Before Present) in the Mousterian Period. The evidence of this can be seen from the remains of Neanderthals from two sites: Krapina (130,000BP) in Croatia and Cova Foradà (160,000 BP), located in Valencia Spain.

To read more follow the links below:

- A video and article about the [Krapina teeth](#)
- An article about the [Cova Foradà remains](#)



Ownership Linkage Committee Member Recruitment

Do you have a few hours a month to dedicate to the Ownership Linkage Committee of the CDHM? The committee is a passionate group of people that consists of council members, public representatives and Dental Hygienists. We are looking for new members to bring fresh ideas to our discussions and help us continue the important work of this committee.

Ownership Linkage finds ways to gather input from Manitobans to determine gaps in oral health care. The CDHM council creates ENDS (like goals) that the committee uses to direct its work. Currently, Ownership Linkage has focused on Senior's Oral Health Care and is presently hosting panels talking about the oral health needs of seniors living in congregate settings.

OL's previous work included the startup of a joint CDHM-MDHA task force that is preparing an educational multi-media kit for early- to middle-years students.

If you are interested in helping the committee in some capacity, please contact either or both of the Co-chairs of the committee -

Kathleen Reid—kreid@cdhm.info

Lucie Boutet—lboutet@cdhm.info

We look forward to having you join us!



MDHA Message from the Executive Director

Although the amount of snow on the ground and the well below zero temperatures we continue to experience make it still feel like winter, I am confident that spring is coming and some exciting events!

The MDHA has taken the opportunity to once again partnered with the CDHM and host a Mix & Mingle, this year, powered by Crest and Oral-B. The event will take place on Friday, April 22nd at 8:30 a.m. at the RBC Convention Centre. Our Annual General Meeting for 2022 will be held in a virtual format on June 15th.

Our immediate sites are set on National Dental Hygienist Week, April 4-10, 2022. We are excited to spread the word throughout the province and utilize the week to educate the public and promote the profession – look for our billboards & keep an eye out landmarks lit up purple!

Looking forward to more signs of spring coming our way. Until then, be well & stay safe!

Lee Hurton
Executive Director

Do you have Graphic Design or Film Expertise, The CDHM/MDHA Outreach Project Team needs you—Contact the CDHM office!