



# CDHM NEWS SHORT



## MARK YOUR CALENDAR

- Deadline for Journal/Study Clubs: **October 30th, 2022**
- Registration renewal opens **November 01, 2022**
- Next Council Meeting: **November 18 & 19 2022**
- **November 19, 2022** Speaker Gail Johnstone on: [Motivational Interviewing in Healthcare](#).
- Inaugural Education Day for Dental Hygienists **Saturday February 25th 2023 8:30am-1:00pm**

CDHM AGM RSVP: [Here](#)  
October 20th, 2022, with Keynote Kelli Jaecks: *Resilience & Reinvention: The new R&R and How to Thrive in Times of Change*. 6:30-9:00 pm



**SAVE THE DATE!**

**2023 Education Event  
for Dental Hygienists**

**Saturday, February 25th**  
8:00 a.m. - 1:00 p.m.  
Victoria Inn Hotel & Conference Centre  
Winnipeg, MB

 COLLEGE OF DENTAL HYGIENISTS OF MANITOBA
  Manitoba Dental Hygienists Association



# GREETINGS FROM COUNCIL

**Lately, I find myself trying to see the future.** Being a senior, I feel an odd mix of emotions- sometimes ready to continue re-building both inside and out, sometimes resigned to increasing invisibility and disengagement.

**What I do know, is what lies ahead for CDHM** at both the governance and operational levels.

**For Council, our efforts will be the following:**

Open, frequent and transparent communication with our membership province -wide- through our e-newsletters, our third virtual AGM on Oct. 20, and regular communication from the Registrar.

- through our upcoming Council meetings, we will review Policy Governance and our ENDS policy,
- continue the work of our legislated and non legislated committees,
- review monitoring reports
- continue the preparations for our RHPA submission, following the great news we are one of the next 5 organizations in line to transition to the new legislation
- with several new Council members joining us following the AGM, we will undertake a focused orientation
- continue to incorporate learnings around EDI (Equity, Diversity, and Inclusion) into Council’s work

- continue to educate Council on effective governance
- continue to work in partnership around the Council table

**Fall is a season for renewal-** looking ahead, revisiting goals, planning projects, and moving forward! For each of us serving on the CDHM Council, it is the same- **advance carefully, consciously and respectfully to move us on our way!**

**Carol Hiscock, Council Chair, CDHM**

**Thank-you Ernest Janzen for your dedicated service to the CDHM Council! We will miss you!**





## COUNCIL MEETING HIGHLIGHTS SEPTEMBER 24TH 2022

- The Chair, Carol Hiscock gave her report followed by a report from Arlynn Brodie, registrar, which included an environmental scan (EScan), highlighting current and future-focused items of interest to the dental hygiene profession.
- Included in the EScan was an update on the Ministry's announcement of the next 5 colleges to transition to the RHPA, once the current list of colleges is complete. The prioritized list is as follows:
  1. Chiropractors
  2. Dental Hygienists
  3. Dentists
  4. Denturists
  5. Registered Respiratory Therapists
- The registrar also provided information to Council on Bill C-31, Canada's Dental Health Benefit Plan
- Council reviewed the registrar's monitoring reports and motioned to approve the proposed Health Equity module as a requirement for 2023 registration renewal.
- Council discussed the upcoming AGM and motioned to approve the new [Orofacial Myofunctional Therapy Interpretation Guideline](#), the [Practice Direction for Social Media Usage](#) and the [Practice Direction for Provision of Virtual Services](#).
- Council Chair, Carol Hiscock thanked outgoing Council member Ernest Janzen for his five years of service to CDHM and council discussed possible Council meeting dates for the upcoming year.

## Congratulations!

*Mickey Wener, longtime CDHM registrant was recently awarded the 2022 Honorary Alumnus Distinction Award by the University of Manitoba Dental Alumni Association. Mickey has supported the profession of dental hygiene as an educator, advocate and an ambassador for the profession of dental hygiene, both provincially and nationally. We are fortunate to have Mickey's continued support as we work towards transitioning to regulation under the Regulated Health Professions Act (RHPA)*



# ALL THINGS REGULATORY

Fall is here, a time of re-grouping, saying good-bye to summer and preparing ourselves for new routines, and ultimately winter. At the College, this translates into ramping up our work around our Regulated Health Professions Act (RHPA) application, making sure the new Health Equity Module is ready for registration renewal, and organizing the February 2022 Education Day for Dental Hygienists with the MDHA.

On September 13th, 2022, the Honorable Minister of Health, Audrey Gordon, announced the next 5 Colleges to transition to the RHPA. We are excited to continue working on this massive project and we will continue to inform you of our progress!

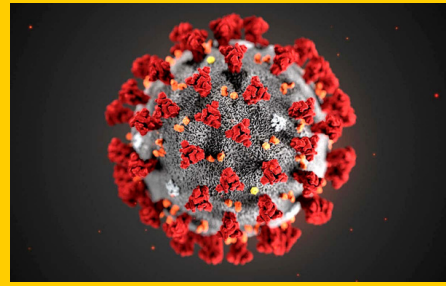
The Health Equity Module was co-developed by a number of Manitoba health regulatory colleges and is now complete. Valerie, our deputy registrar, participated on the steering committee for this project, and is now working with our tech Bryce, to ensure the module is accessible and ready for November 1st when renewal opens.

The Education Day for Dental Hygienists is a big undertaking, but it will be a wonderful opportunity for dental hygienists in Manitoba to benefit from presenters and a keynote with a dental hygiene focus! As always, we welcome your comments and concerns; contact us at the College office!

Happy Fall



**Arlynn Brodie**  
Registrar/Executive Director



## COVID-19 UPDATE

While COVID-19 is a recent memory for some, there are others who are still struggling with symptoms from the virus.

As healthcare providers, it is important to be aware of how the long term affects of COVID-19 may be affecting the lives of our patients and their ability to maintain self-care. For your review, Shared Health has provided the following resources.

**COVID-19 Resources for healthcare providers** about Long COVID/Post-COVID-19 conditions  
[healthproviders.sharedhealthmb.ca/covid19/long-covid](https://healthproviders.sharedhealthmb.ca/covid19/long-covid)

**COVID-19 Webpage for patients** with info, advice and resources about Long COVID/post-COVID-19 conditions  
[sharedhealthmb.ca/patient-care/long-covid](https://sharedhealthmb.ca/patient-care/long-covid)





## FROM THE DESK OF THE DEPUTY REGISTRAR

Health Equity and Cultural Humility – Introductory Module for Dental Hygienists in Manitoba

**“Humility (noun): the willingness to stay teachable, regardless of how much we already know”**

~Anon.

The topic of health equity and cultural safety is important for health professionals. Access to healthcare is a human right in this country, yet we know that health outcomes are not the same for all population groups. The Health Equity and Cultural Humility module examines what is meant by ‘equity-oriented practice’ and is designed to assist dental hygienists to explore and reflect on defining language and concepts to enhance awareness and understanding. This knowledge will help registrants to provide safe, competent and equitable dental hygiene care.

Similar to the Ethics & Jurisprudence module, this module will be introduced in early November and will be a requirement for renewing registration for 2023. Stay tuned, as more information will be provided in the coming weeks.

Respectfully Submitted,

**Valarie Olivier**  
Deputy Registrar



## MDHA: MESSAGE FROM THE EXECUTIVE DIRECTOR

As the temperatures start to turn and leaves start to fall, I hope this message finds you reenergized from a fantastic summer but also ready to welcome the routine that fall brings.

The MDHA looks forward to a jam-packed fall and winter full of learning and professional development opportunities for our members. Look for the return of in person Sharpening workshops as well as classroom sessions delving into pertinent and intriguing topics.

Please ensure you save the date for the joint Education Day that the MDHA and CDHM are planning for February 25th. Join us at the Victoria Inn – mark your calendar and plan to attend!

**Lee Hurton**  
Executive Director  
executivedirector@mdha.ca



- The Earliest toothbrushes appeared in the Near East around 3500-3000 BC, or 7000 years ago in Egypt and Mesopotamia
- These toothbrushes resembled the one above and where sticks and twigs chewed at one end until frayed
- Toothbrushes as we know them did not appear until much later in China.
- To read more about these ancient toothbrushes click [HERE](#)