



**Health, Seniors and Long-Term Care
Public Health**

300 Carlton Street
Winnipeg, Manitoba Canada R3B 3M9

November 30, 2023

Dear Health Care Provider:

Re: Updated guidance for intervals between COVID-19 vaccine doses and/or previous COVID infection

Individuals are currently recommended to wait 6 months after their last dose of COVID-19 vaccine or infection (whichever is later) to get the updated XBB.1.5 COVID-19 vaccine. This is because there is better protection when there is a longer interval between doses. However, shorter intervals (i.e., 3 months to less than 6 months) following previous vaccination or infection have also not been shown to pose a safety risk.

With the increased circulation of respiratory viruses, health care providers are recommended to have an informed consent discussion with clients who have not yet received the updated XBB.1.5 COVID-19 vaccine but are at least 3 months from their last dose of any previous COVID-19 vaccine formulation or known infection. If clients choose to be vaccinated prior to the recommended 6-month interval after this discussion, it is reasonable to proceed and administer a dose.

This updated guidance will be reflected on the provincial website and in the online resources as soon as possible.

<https://www.gov.mb.ca/covid19/health-care-providers.html>

Please share this information with all relevant colleagues in your facility/clinic.

If you have any questions, please email Vaccines@gov.mb.ca

Sincerely,

Richard Baydack, PhD
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